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SNAKE COURSES

The ASI offers both public and corporate snake courses.

Public courses take place at various venues throughout South Africa.

The corporate training is done on-site, both in South Africa, as well as in 19 African countries.

We pride ourselves on teaching only the safest snake handling methods, to ensure the safety of both the handler and the snake.

We offer a range of different course options, including snake awareness, first aid for snakebite, venomous snake handling, venomous snake handling bootcamps, as well as advanced first aid for snakebite, advanced venomous snake handling and a reptile photography course.

For course info, click here or email us on courses@asiorg.co.za for details.





INTRODUCTION

he African Snakebite Institute is the leading training provider of Snake Awareness, First Aid for Snakebite and Venomous Snake Handling courses in Africa as well as the largest distributer of quality snake handling equipment, snake PPE and snakebite first aid kits. Our aim is to spread snake awareness as far and wide as possible, which is why we've launched our new free E-Book series.

ur CEO, Johan Marais is a well-known herpetologist with over 40 years of experience with snakes. He has worked at various reptile facilities and has collaborated on a variety of scientific studies with some of the world's leading herpetologists. He is also one of Africa's most prominent authors of snake books and has written the best-sellers A Complete Guide to Snakes of Southern Africa, Snakes and Snakebite in Southern Africa and First Aid for Snakebite, to mention just a few.



COMMON SNAKES OF CAPE TOWN

The Northern Cape has 52 different snake species. Of the 20 snakes that occur in Aggeneys three are highly venomous, three are venomous and the rest are mildly venomous or harmless. We've listed the common species in this booklet, showing venomosity, key ID features, full distribution, and snakebite info for venomous species.

Snakebite is problematic with most bites reported from the hot, wet regions in the eastern part of the country. More than 4,000 snakebites are reported annually with over 1,000 victims being hospitalised. Of those around 60% show signs of envenomation and the remaining 40% show no symptoms – these are referred to as dry bites or may be bites from mildly venomous or harmless snakes. In a recent 5 year survey of 879 snakebite cases in Zululand, nearly 98% of victims showed typical signs of cytotoxic envenomation – largely Mozambique Spitting Cobra, Puff Adder, Common Night Adder and Stiletto Snake bites. Despite their relative frequency, if treated correctly in hospital, these bites are rarely fatal. Most bites occured in the early evening in the warm wet summer months from November to April/May. Around 84% of the bites were inflicted well below the knee. Less than 11% of these victims received antivenom and none of the bites in this survey were fatal.

Generally speaking we have 10 - 12 fatal snakebites a year in South Africa and these are invariably caused by the Black Mamba and Cape Cobra. Both of these snakes have a potent neurotoxic venom that may quickly affect breathing.

SNAKE HANDLING EQUIPMENT

The African Snakebite Institute is the leading provider of quality snake handling equipment in Africa. View our range online here.



COMMON SNAKES OF CAPE TOWN



Cape Town has around 26 species of snakes. Five species are considered highly venomous. Two species are venomous and another can deliver a painful bite that may require stitches. Seven species are mildly venomous and the rest are harmless to humans.

HIGHLY

human fatalities

VENOMOUS

Painful bite, but does not require antivenom

Not thought to be harmful HARMLESS

Not dangerous to humans







Puff Adder









ss-marked Grass Snake







Many-spotted Reed Snake



Mole Snake - adult



Mole Snake - juvenile

















JOHAN MARAIS is the author of various books on reptiles including the best-seller A Complete Guide to Snakes of Southern Africa. He is a popular public speaker and CEO of the African Snakebite Institute. The **African Snakebite Institute (ASI)** offers a variety of courses including Snake Awareness, Scorpion Awareness and Venomous Snake Handling. ASI is accredited by the International Society of Zoological Sciences (ISZS) and Travel Doctor-approved service provider. The courses are also accredited by the Health Professions Council of South Africa (HPCSA). ASI is the largest provider of quality snake handling and safety equipment in Africa.

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Download the high resolution poster here.



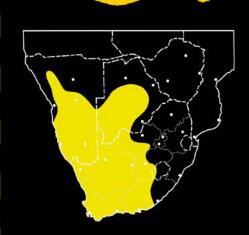
HIGHLY VENOMOUS



Cape Cobra

(Naja nivea)

Maximum Length: 2.3 m



Other names:

Geelslang, Kaapse Kobra, Koper kapel

This snake varies in colour from near black to dark or light brown, beige, yellow or speckled while juveniles have a dark band on the throat. The Cape Cobra is easily confused with the Mole Snake and the Black Spitting Cobra. It is by far our most dangerous cobra and with the Black Mamba it accounts for the majority of fatal snake bites in South Africa. The Cape Cobra may stand its ground if threatened and is quick to form a hood and bite. It occurs largely in the Cape provinces but extends into the Free State, Northwest, southern Botswana and Namibia. The venom is potently neurotoxic causing progressive weakness and may affect breathing rapidly. Victims need urgent hospitalisation and in a severe bite antivenom is essential







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Cape Cobra (Naja nivea)

HIGHLY VENOMOUS

Average length: 1.2 - 1.6 m. Maximum length: 2.3 m

Can be confused with: Mole Snakes, Black Spitting Cobras, Snouted Cobras





Chunky cheeks for venom storage Spreads an impressive hood

Juveniles have a dark band on throat

mark under the eye

Varies in colour from light yellow to brown, gold and black.
Often a speckled mix of colours



Ventral scales often visable on sides

Belly usually same colour as the rest of snake

Usually have dark tipped tails

SNAKEBITE PROFILE **CAPE COBRA**

Naja nivea



Risk of Bites

The Cape Cobra is commonly encountered in suburbia, especially in areas where rodents are abundant. If cornered, it is quick to rear up and form a hood and if approached closely will bite readily.



Most Bites

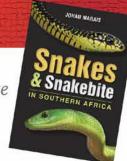
Most victims are bitten on the lower leg or on a hand, often when attempting to capture or kill the snake.



Symptoms & Venom

A potent and fast-acting neurotoxic venom that is quite similar to Black Mamba venom in its effects. It results in pins and needles in the lips, nausea, excessive sweating, drooping eyelids, difficulty in swallowing and eventually drowsiness and muscle pain followed by paralysis and respiratory failure. Some victims also experience some swelling. In severe cases victims become unresponsive within less than one hour.

See pages 49-51 - Snakes and Snakebite in Southern Africa (2024).



First Aid

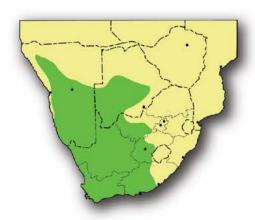
Immobilise and reassure the patient, who must lie down in a rescue position. Immediately arrange transport to a hospital with emergency facilities. If far from a hospital, apply a pressure bandage (Page 19 of Snakes and Snakebite in Southern Africa). Resort to artificial respiration if the victim stops breathing.



Medical Treatment

severe envenomation cases patients are intubated and ventilated if they are not breathing. They are treated with 12-15 vials of SAVP Polyvalent antivenom. Additional vials of antivenom may be required at a later stage. Even after receiving antivenom, patients may remain unresponsive for a day or two.







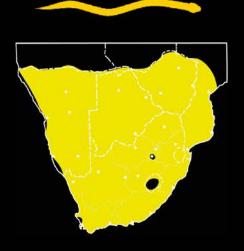
HIGHLY VENOMOUS



Puff Adder

(Bitis arietans)

Maximum Length: 1.4 m



Other names:

Pofadder, Imbululu

The Puff Adder is widespread over much of southern Africa and further north into Africa. It is a heavy-bodied snake that relies on its excellent camouflage and is reluctant to move. Much of its life is spent in camouflage mode and recent research has shown that when hiding, the Puff Adder will not hiss or strike when approached, as this would give away its presence. It is an ambush hunter that will coil up into a striking position and await its prey. This can last several days or even weeks. Toads are lured closer with flicking of the tongue. Puff Adder venom is potently cytotoxic, causing severe pain, swelling, blistering and in many cases severe tissue damage. Polyvalent antivenom is effective.







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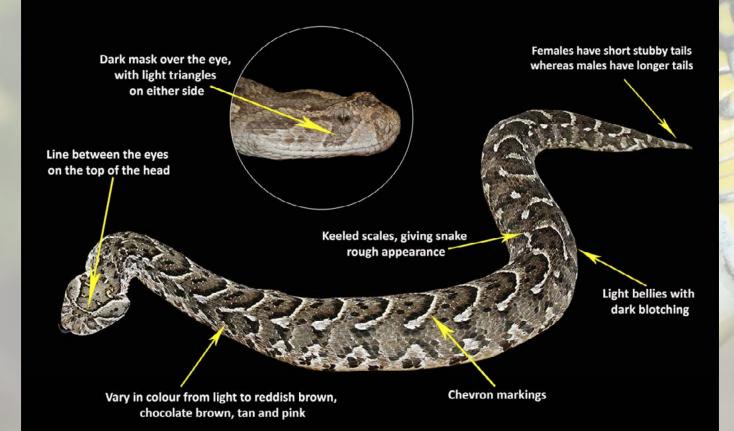
Puff Adder (Bitis arietans)

HIGHLY VENOMOUS

Average length: 90 cm. Maximum length: 1.4 m

Often confused with: night adders and Berg Adders







SNAKEBITE PROFILE PUFF ADDER

Bitis arietans



Risk Of Bites

Bites are common as this snake is widespread throughout most of southern Africa. Along with the Mozambique Spitting Cobra, these two snakes account for the majority of serious snakebites in southern Africa. Dogs are at risk and often get bitten when attempting to kill the snake.



(A) Most Bites

Most victims are bitten at night when accidentally stepping on the snake, but bites are also inflicted during the day when the snake is basking. Most bites are on the feet or lower legs.



🔍 Symptoms & Venom

The venom is potently cytotoxic as well as haemotoxic. Symptoms include severe pain, progressive swelling, bleeding from the fang punctures, blistering and tissue damage. The lymph nodes may also be affected. Dogs may perish after a bite from this snake, unless treated with polyvalent antivenom, if required.

See pages 26-28 Snakes and Snakebite in Southern Africa (2024).



First Aid

Immobilise and reassure the patient. Elevate the affected limb and remove tight clothing and jewelry. Promptly transport the victim to the nearest hospital that has emergency facilities. Avoid all other first aid remedies including bandages.



Medical Treatment

In cases of severe envenomation where there are clear signs of progressive swelling, which extends more than 10-15cm per hour above the bite site, doctors will treat such bites with 6 ampoules (or more) of polyvalent antivenom. Anti-inflammatories (NSAID's) and antibiotics are not indicated in the short term. Fasciotomies are rarely justified and should generally be avoided. In cases where patients suffer tissue damage, surgery may be required but rarely in the first few days.













Boomslang

(Dispholidus typus)

Maximum Length: 2.1 m



Other names:

Boomslang

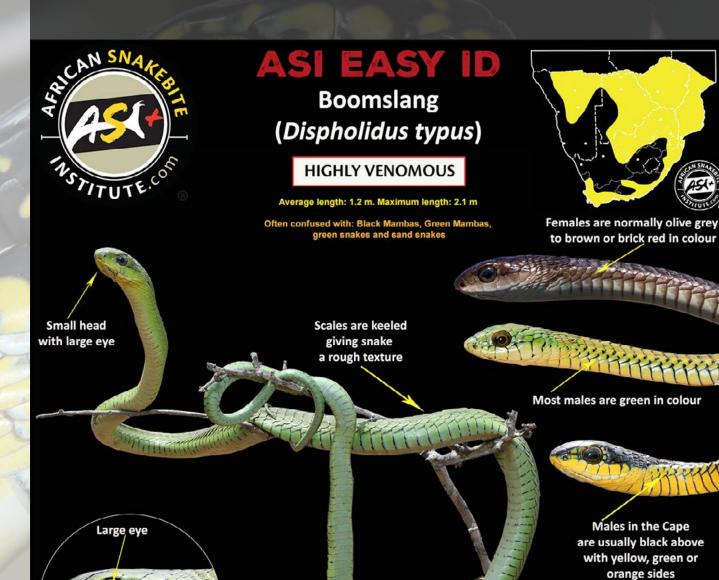
The Boomslang is largely tree-living but may descend to the ground to bask. In trees it poses no threat to humans as it is extremely reluctant to bite, and bites are rare. Juveniles are grey with a massive emerald, green eye but change to the adult colours around a length of 1 m. Most males are bright green, sometimes with black between the scales, but in the Cape Provinces they are usually black above with green, yellow or orange sides. Females are usully brown to grey in colour. Boomslang venom is haemotoxic and compromises the blood clotting mechanism, causing uncontrolled bleeding if not treated. The South African Vaccine Producers manufacture a monovalent antivenom for bites from Boomslang that is very effective.







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Juveniles have big emerald green eyes

Short head



SNAKEBITE PROFILE **BOOMSLANG**

Dispholidus typus



Risk of Bites

Bites are not common in South Africa. This snake lives in trees and shrubs and interactions with humans are infrequent. It is a placid snake that only bites when provoked or handled. If spotted, it is quick to flee higher up into trees.



Most Bites

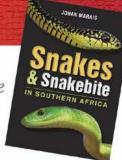
Bites occur when a basking snake is accidentally stepped on or grabbed, or when it is handled.



Symptoms & Venom

Drop for drop the Boomslang has the most potent venom of any snake in Africa. It is slow-acting, but potently haemotoxic and symptoms include bleeding from the bite site, the nose, mucous membranes and internal bleeding.

See pages 79-81 Snakes and Snakebite in Southern Africa (2024).



First Aid

Immobilise and reassure the patient. Elevate the affected limb. Promptly transport the victim to the nearest hospital that has emergency facilities. Avoid all other first aid remedies including bandages.



Medical Treatment

In cases of severe envenomation patients are monovalent Boomslang treated with antivenom. The initial dosage is two vials but, in some cases, a third vial may be required. This antivenom is produced by the South African Vaccine Producers. It is a Schedule 4 drug, therefore a script is required should one wish to purchase it. It comes in a 10 ml vial and must be refrigerated. It has a three year shelf life.



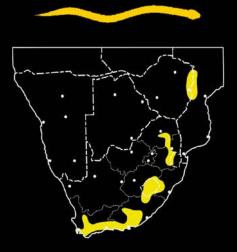






Berg Adder (*Bitis atropos*)

Maximum Length: 60 cm



Other names: Bergadder

There are at least four isolated populations of the Berg Adder, largely at high altitudes except for the Western Cape and Eastern Cape where they may occur at sea level. This snake averages 30 – 40 cm, reaching 60 cm in length.

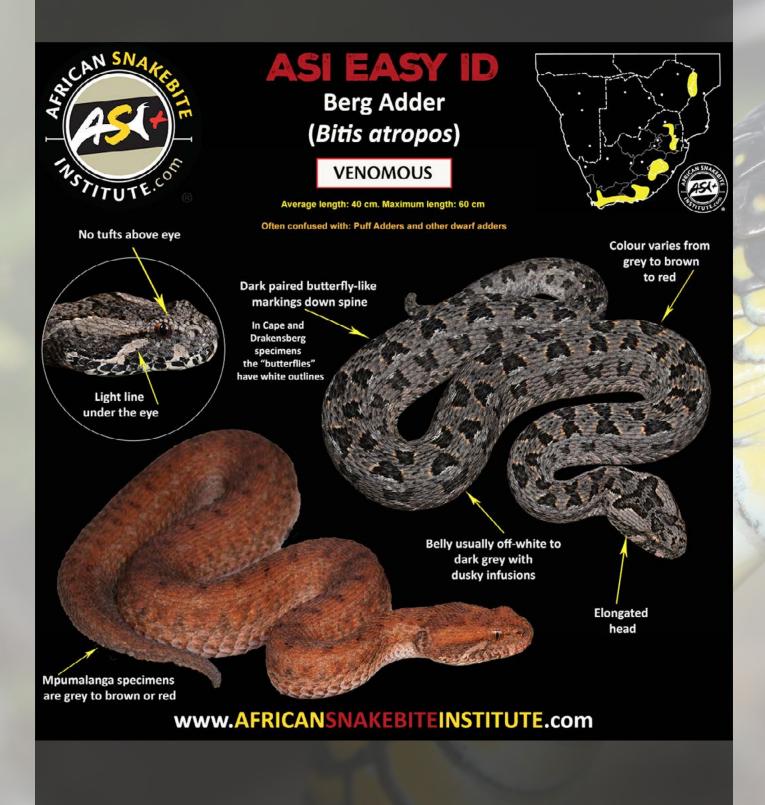
It is fond of basking, especially on mountain paths and rocky ledges. The Berg Adder is a badtempered snake that hisses loudly and strikes easily. Its venom is mainly neurotoxic and attacks the facial and optic nerves. Breathing may be affected by the venom and most patients may need to be ventilated. There is no antivenom for the bite of this snake, but no fatalities have been recorded.







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SNAKEBITE PROFILE **BERG ADDER**

Bitis atropos



Risk of Bites

Bites are not common with around 5 serious bites a year reported in South Africa.



Most Bites

Most bites occur to hikers who tread on a snake or place their hands on a ledge close to a snake. Berg Adders are ill-tempered and are quick to bite when threatened.

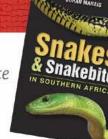


Symptoms & Venom

The venom results in both neurotoxic and to a lesser degree cytotoxic symptoms. The optic and facial nerves are affected with symptoms including drooping eyelids (ptosis), dilated pupils, blurred vision, squinting, as well as dizziness and temporary loss of taste and smell. Respiratory failure may occur several hours after the bite, and several victims end up on a ventilator. Pain and swelling can be expected. Necrosis, though not common, has been recorded in some bites.



See pages 32-34 Snakes and Snakebite in Southern Africa (2024).



First Aid

Immobilise and reassure the patient. Elevate the affected limb. Remove tight clothing and jewelry. Promptly transport the victim to the nearest hospital that has emergency facilities. Avoid all other first aid remedies including bandages.



Medical Treatment

There is no effective antivenom and victims are treated symptomatically. In a recent study of 14 bites, all victims had to be intubated and ventilated 5-7 hours after envenomation. Despite a bite from a Berg Adder being considered life-threatening, no fatalities have been documented.





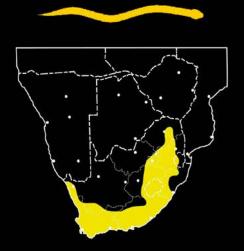


MILDLY VENOMOUS

Spotted Harlequin Snake

(Homoroselaps lacteus)

Maximum Length: 65 cm



Other names:

Gevlekte Kousbandjie

This colourful little snake averages 30 – 40 cm with a maximum length of 65 cm. It varies greatly in colour, depending on locality, and is found in fynbos, lowland forest, moist savanna and grassland. The Spotted Harlequin Snake is quite common in some areas and is found in deserted termite mounds, under rocks and logs or building debris. When exposed it will wriggle violently to escape. It feeds on legless skinks, blind snakes, other snakes and small lizards. Little is known of the venom of this snake, but bites where the snake has been allowed to chew have resulted in pain, swelling and discoloration as well as painful glands. Swelling subsides within 2-3 days.







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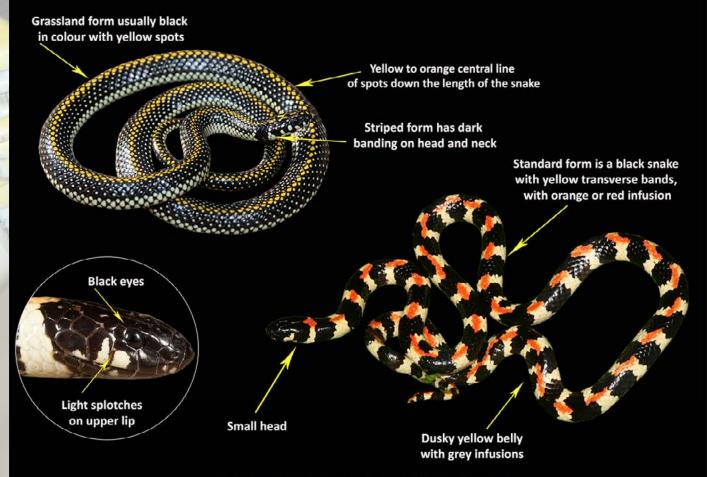
Spotted Harlequin Snake (Homoroselaps lacteus)

MILDLY VENOMOUS

Average length: 40 cm. Maximum length: 65 cm

Often confused with: Cape Coral Snakes and Aurora House Snakes





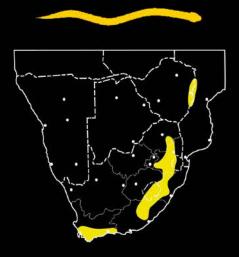




MILDLY VENOMOUS

Many-spotted Reed Snake (Amplorhinus multimaculatus)

Maximum Length: 63 cm



Other names: Rietslang

A slow-moving somewhat secretive snake but locally common and may be mistaken for a Spotted Skaapsteker. Adults average around 40 cm, but may reach a length of 63 cm. This snake is often found in reed beds and riverine vegetation but also found in fynbos and montane grassland. Like the Spotted Skaapsteker it is active during the day and will forage for food, preferring frogs, lizards and small rodents. If disturbed it may coil into a tight spring, like the slug-eater. Most individuals are brown to olive brown with light stripes down the body, but bright green individuals are also found. The venom of this snake is not considered dangerous to humans but may cause local swelling.







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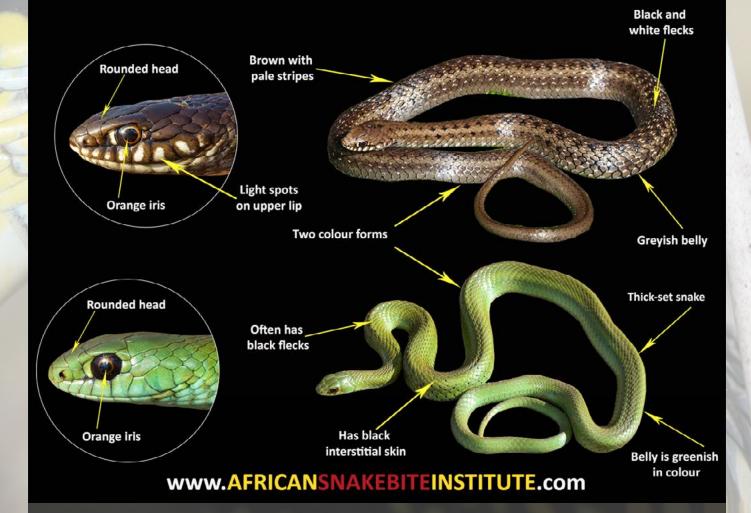
Many-spotted Reed Snake (Amplorhinus multimaculatus)

MILDLY VENOMOUS

Average length: 40 - 55 cm. Maximum length: 63 cm

Often confused with: Juvenile Mole Snakes, Green Water Snakes







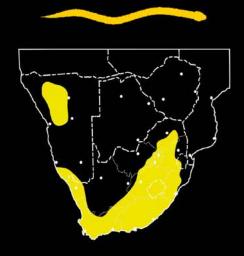


MILDLY VENOMOUS

Spotted Skaapsteker

(Psammophylax rhombeatus)

Maximum Length: 1.4 m



Other names:

Rhombic Skaapsteker; Gespikkelde Skaapsteker

A fast-moving diurnal snake that inhabits grasslands, fynbos, moist savanna and semi-desert areas. It is a nervous snake and is quick to escape, either into a bush or grass tuft or under a rock. The name 'Skaapsteker' came from the mistaken belief that these abundant snakes accounted for sheep deaths, when the actual culprit was probably the Cape Cobra. This is also one of few African snakes that coil around and protect their eggs – the Southern African Python being the other. The Spotted Skaapsteker feeds on rodents, lizards, birds, frogs and other snakes. The venom of this snake is mild and poses no threat to humans.







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Spotted Skaapsteker (Psammophylax rhombeatus)

MILDLY VENOMOUS

Average length: 40 - 60 cm. Maximum length: 1.4 m

Often confused with: other sand and grass snakes and Striped Skaapsteker





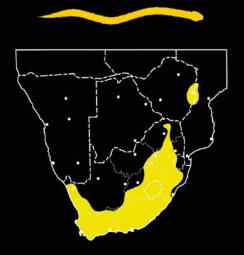




MILDLY VENOMOUS

Cross-marked Grass Snake (*Psammophis crucifer*)

Maximum Length: 82 cm



Other names: Kruismerk Grasslang

One of the smaller grass snakes averaging 30-50 cm but exceeding 82 cm in length. It is active in the day and feeds on small lizards, especially skinks, as well as frogs. It inhabits lowland forest, moist savanna, montane forest, grassland and fynbos. It is common in the sandy scrub-covered areas of the Cape coast and mountain plateau of Mpumalanga. When disturbed it may roll into a tight coil with the head inside, like the Slugeater. Most individuals are striped with distinct patterns on the side of the head, but some are plain brown to reddish brown with virtually no markings. A mildly venomous snake that poses no threat to humans.







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Cross-marked Grass Snake (Psammophis crucifer)

MILDLY VENOMOUS

Average length: 40 - 60 cm. Maximum length: 82 cm

Often confused with: other sand and grass snakes



Usually white before and after eye

Pale upper lip

Dark dorsal stripe

Cross mark on the base of the neck



A plain form does occur, which has an orange chin



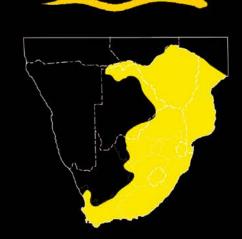




Herald Snake

(Crotaphopeltis hotamboeia)

Maximum Length: 1 m



Other names:

Rooilipslang, Red-lipped Snake

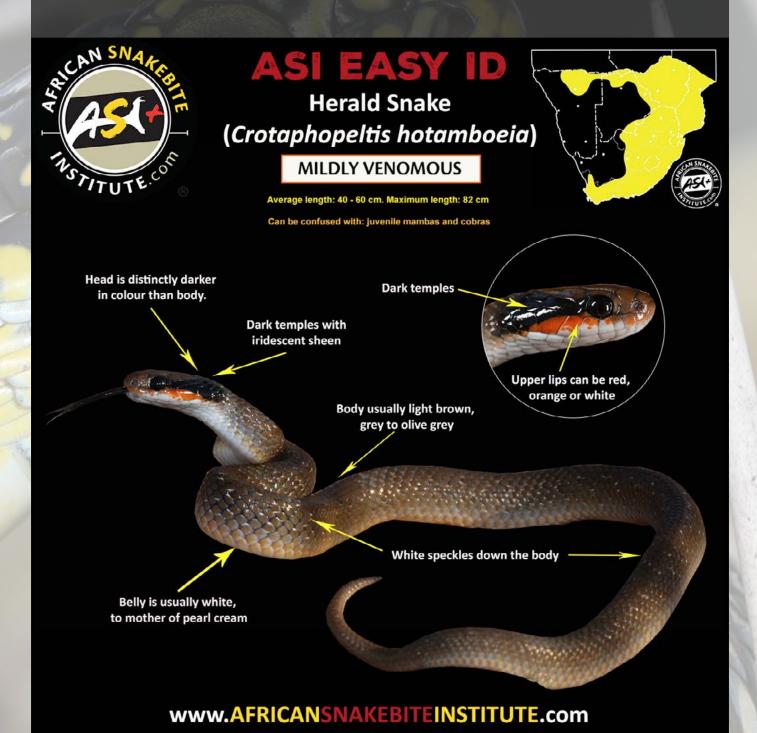
A nocturnal snake that frequents suburban gardens, especially those with water features. It is a toad specialist and often eats toads that look far too large to swallow. The Herald Snake is usually greyish to olive-grey in colour, but some individuals are quite dark. The head is always darker than the body and there may be white speckles on the body. In parts of the range the upper lip is bright red, orange or yellowish to white. When threatened, this snake puts up quite a show, drawing the head back into a striking position with the mouth agape and the head flattened. It is mildly venomous and poses no threat to humans or domestic animals.







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MILDLY VENOMOUS

Karoo Sand Snake (*Psammophis notostictus*)

Maximum Length: 1 m



Other names: Karoo Sandslang

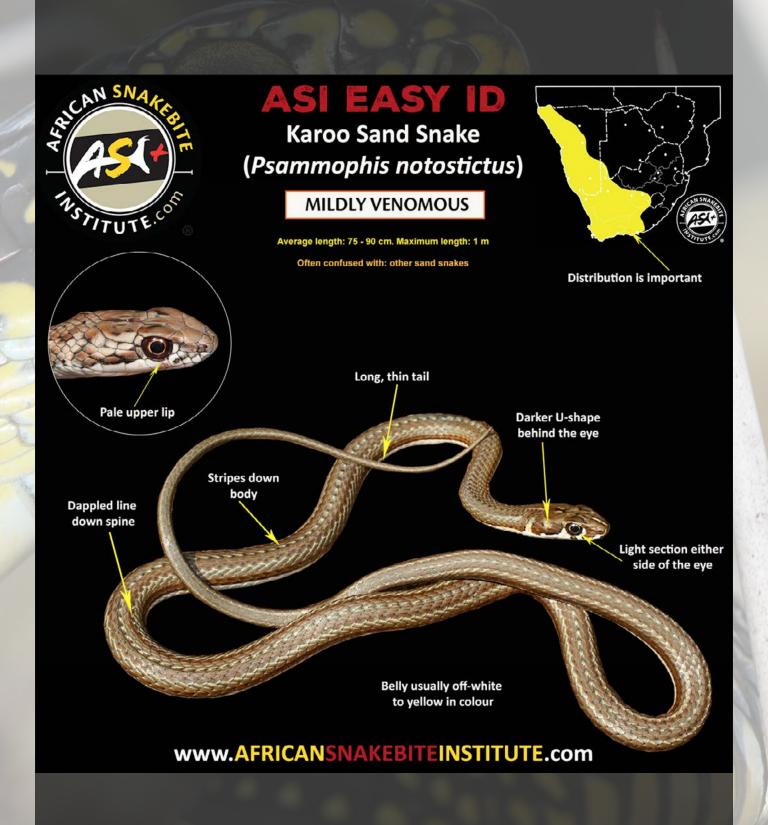
A slender snake that averages 40-60 cm with a maximum length of just over 1 m. It is very fast moving and active in the day when it hunts for lizards, including lacertids, skinks and agamas, but will also take small rodents. In some areas it is by far the most common snake and prefers hard, stony ground. Many individuals are killed by vehicles while crossing roads. It is widespread, occurring in the western Free State, western half of the Eastern Cape, Western Cape and much of the Northern Cape and Namibia, extending into Angola. The Karoo Sand Snake is easily confused with some of the other Sand and Grass snakes. It is mildly venomous and poses no threat to humans.







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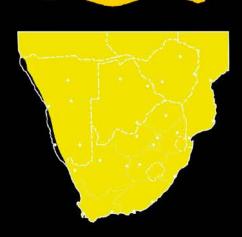






Mole Snake (*Pseudaspis cana*)

Maximum Length: 2.1 m



Other names: Molslang

The Mole snake is a muscular day-active snake that spends much of its time down rodent burrows in search of food. It is widespread and occurs throughout most of Southern Africa. It is often encountered in the Cape, but not seen commonly elsewhere in the country. Individuals vary from black to dark brown, medium brown, light brown or even brick red, while the juveniles have bright markings. This snake is not venomous but does have pin-sharp teeth and is capable of quite serious bites that may even require stitches. Mole Snakes are often confused with the Cape Cobra and the venomous stiletto snake even though it does not resemble them.







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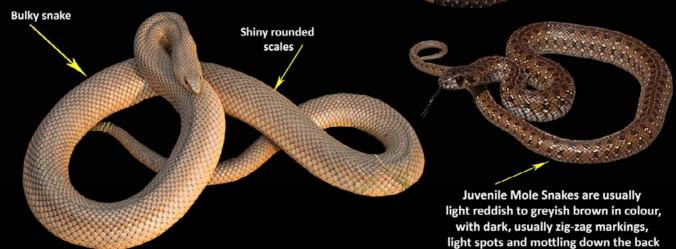
Mole Snake (Pseudaspis cana)

NON-VENOMOUS, BUT CAN INFLICT A NASTY BITE

Average length: 1.2 m. Maximum length: 2.1 m

Often confused with: Cape Cobras, and Snouted Cobras.
Juveniles are often confused with egg-eaters, night adders and skaapstekers







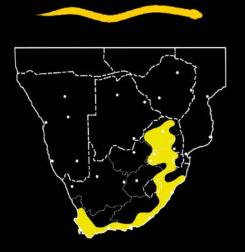




Olive Snake

(Lycodonomorphus inornatus)

Maximum Length: 1.3 m



Other names:

Olive House/Ground Snake, Olyfslang

A slow-moving nocturnal snake that is quite similar to the Brown House Snake in behaviour. It averages 30-60 cm but reaches 1.3 m in length. Commonly found around houses but prefers damp areas where it hunts for lizards, rodents and other snakes. Because of its colour, varying from olive-green to light brown or black, it is mistaken for a variety of other snakes including the Black Mamba and the Brown Water Snake.

The Olive Snake used to be in the same genus as the house snakes, hence the common name Olive House Snake, but has since been moved to the same genus as the water snakes. This snake is not venomous and poses no threat to humans.







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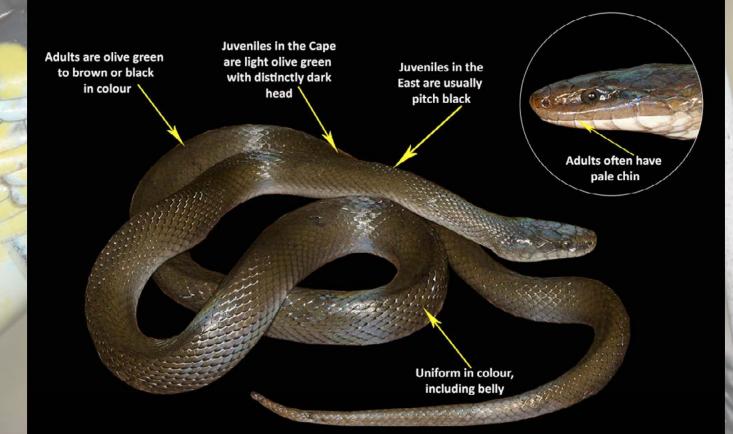


Olive Snake (Lycodonomorphus inornatus)



Average length: 75 cm. Maximum length: 1.3 m

Often confused with: Brown House Snakes, Brown Water Snakes, Yellow-Bellied House Snakes



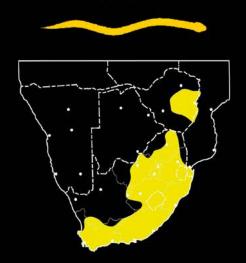




HARMLESS

Brown Water Snake (*Lycodonomorphus rufulus*)

Maximum Length: 97 cm



Other names: Bruin Waterslang

A smallish snake averaging 30-50 cm with a maximum length of 97 cm. It is light to dark brown with a salmon-pink to yellow coloured belly. Snakes from the Western Cape are often much darker. This snake is not as aquatic as the Dusky-bellied Water Snake but does frequent rivers, streams, vleis and other damp areas. It is active at night and swims well but is often seen hunting along shaded streams during the day. It is a powerful constrictor and feeds on frogs, tadpoles, fish and occasionally nestling rodents and geckos. Females produce 6 – 23 eggs in summer. Though harmless this snake is much feared in Zulu culture and is called Ivuzamanzi elimdubu.







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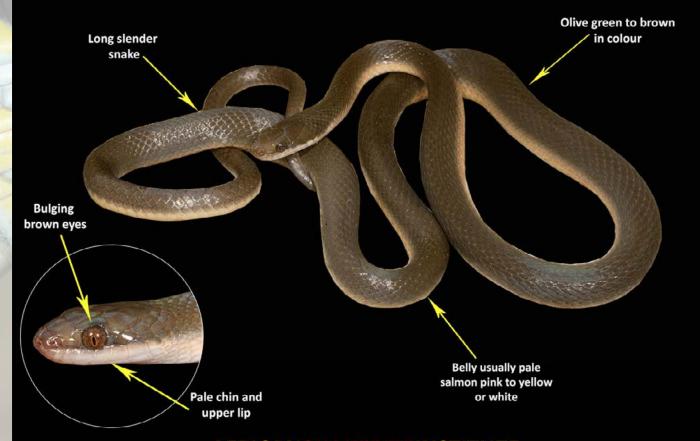
Brown Water Snake (Lycodonomorphus rufulus)



Average length: 45-60 cm. Maximum length: 97 cm

Often confused with: Olive Snakes, Yellow-bellied House Snakes







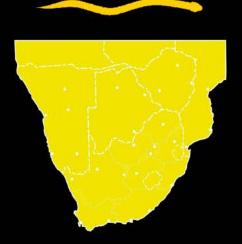


HARMLESS

Brown House Snake

(Boaedon capensis)

Maximum Length: 1.5 m



Other names: Bruin Huisslang

The Brown House Snake, true to its name, frequents human dwellings where it feeds largely on rodents and lizards. It is completely harmless and relies on muscle power to constrict its prey. It is widespread in South Africa and very common in suburban gardens.

This snake is active at night and is relatively slow-moving. Most individuals are medium to dark brown with a mother-of-pearl belly and two light lines on either side of the head – one from the nose through the top of the eye to the back of the head and the other from the back of the eye to the angle of the jaw. The Brown House Snake comes in a variety of shades of brown, often with mottling of white along the neck.







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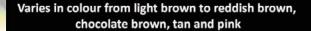
Brown House Snake (Boaedon capensis)

HARMLESS

Average length: 55 cm. Maximum length: 1.5 m

Can be confused with: Slug-eaters





May have mottled markings down the neck

One light line from the nose through the top of the eye to the back of the head



Belly is generally a pearl colour

A second light line from the back of the eye to the angle of the jaw

Note the lines above and below the eye =

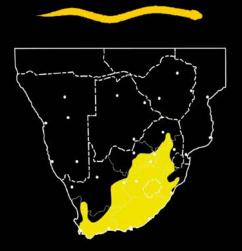




Aurora House Snake

(Lamprophis aurora)

Maximum Length: 90 cm



Other names:

Auroraslang

A beautifully-marked, slow-moving snake that favours damp localities in grasslands, lowland forest and fynbos where it hunts for nestling rodents, lizards and frogs at night. Adults average 60 cm but may exceed 90 cm. It varies in colour from shiny olive green to dull dark green above with a bright yellow to orange vertebral stripe from the top of the head to the tip of the tail. It is a harmless constrictor that seldom attempts to bite. This snake is endemic to South Africa and Lesotho and occurs from the Cape Peninsula through the Western and Eastern Cape into parts of the Northern Cape, the Free State, much of KwaZulu-Natal, Mpumalanga, Limpopo, Gauteng and eastern North West province.







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Aurora House Snake (Lamprophis aurora)

HARMLESS

Average length: 30-50 cm. Maximum length: 90 cm

Often confused with: Spotted Harlequin Snakes (Grassland form)



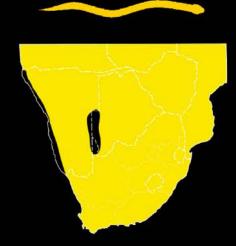






Common Egg-eater (*Dasypeltis scabra*)

Maximum Length: 1.16 m



Other names:

Rhombic Egg-eater, Gewone Eiervreter

A common snake throughout most of southern Africa except for true desert and closed canopy forests. It averages around 50 cm and is well adapted at climbing trees. It is most abundant in thornveld and grasslands where it can be found in any situation. It is nocturnal, spending most of the day hiding beneath rocks or under loose bark. When agitated, it will coil and uncoil while striking out viciously. The rubbing scales create a rasping sound similar to a hiss. It is completely harmless, and the teeth are reduced. It feeds exclusively on birds' eggs. It may be confused with the venomous Common Night Adder.







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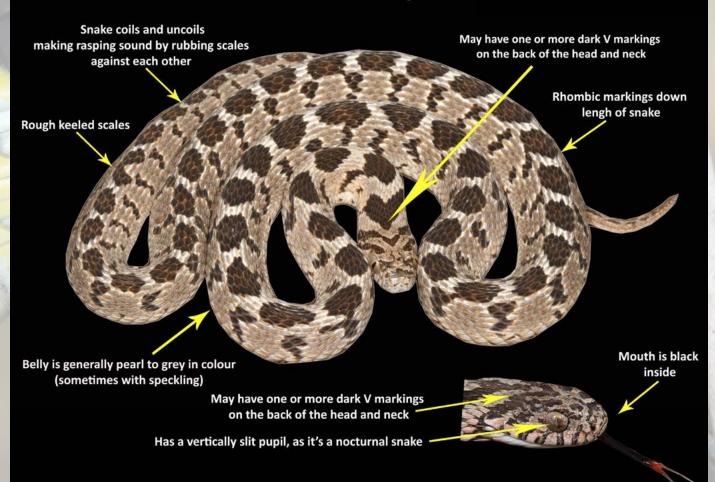
Common Egg-eater (Dasypeltis scabra)

HARMLESS

Average length: 55 cm. Maximum length: 1.16 m

Often confused with: Common Night Adders



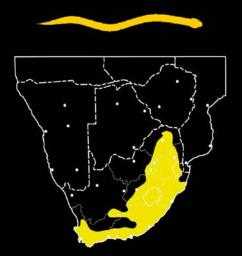






Common Slug-eater (*Duberria lutrix*)

Maximum Length: 43 cm



Other names:

Gewone Slakvreter, Tabakrolletjie

A small snake that averages 30 – 35 cm. It feeds exclusively on snails and slugs and locates them by following the slime trail. The Common Slug-eater favours damp localities in the southeastern half of southern Africa.

During the day it seeks shelter under rocks, logs and grass tufts and emerges in the evening to hunt. It is reluctant to bite and if threatened will defecate and secrete a foul-smelling substance simultaneously. It also has the peculiar habit of rolling up into a tight spiral with the head concealed, like a roll of tobacco, hence the Afrikaans name. This small slow-moving snake is not venomous and poses no threat to humans.







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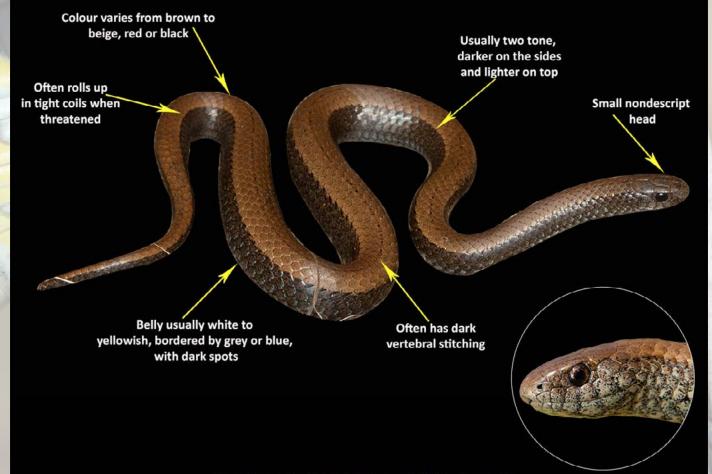
Common Slug-eater (Duberria lutrix)

HARMLESS

Average length: 35 cm. Maximum length: 45 cm

Often confused with: Juvenile Cape Cobras



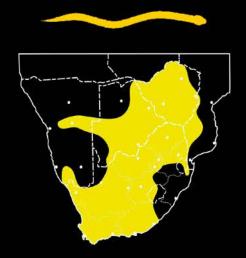






Delalande's Beaked Blind Snake (Rhinotyphlops lalandei)

Maximum Length: 35 cm



Other names:
Delalande se Blindeslang

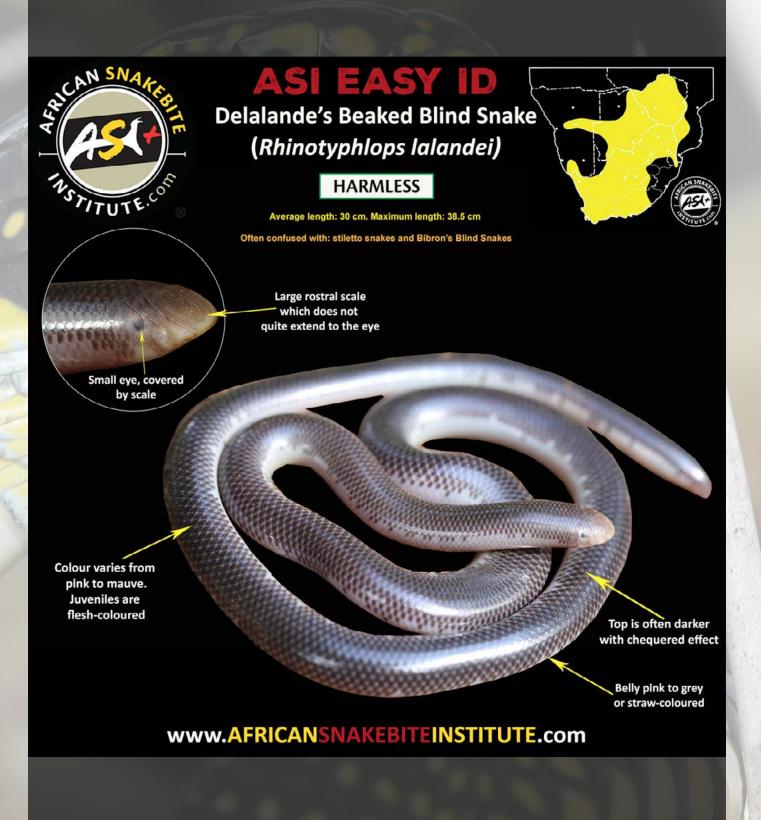
A widespread burrowing snake that spends most of its life underground in search of ants and their eggs. Individuals may be found in soil under rocks or logs, in deserted termite mounds or on the surface at night, especially after rains. They are pale pink to dark-slate or grey-brown in colour. Each scale is pale-edged giving it a checkered effect. The young are pink or flesh-coloured. It is a small snake with adults averaging around 25 - 30 cm, with a maximum size of about 35 cm. They are easily confused with other blind snakes or worm snakes. Blind snakes are preyed upon by birds and a variety of snakes including the Spotted Harlequin Snake.







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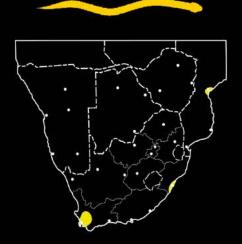




Flowerpot Snake

(Indotyphlops braminus)

Maximum Length: 17 cm



Other names:

Brahminy Blind Snake, Blompotslang

One of few successful invasive snakes that came in with the soil of ornamental flowers, hence the common name. It is an all-female (parthenogenetic) snake and females produce viable eggs without ever mating with a male. Usually found in port cities like Durban and Cape Town or Beira. It feeds on termites, ants and their eggs, as well as other small invertebrates.

Females lay 2–6 minute eggs with hatchlings measuring a mere 4 cm – possibly the smallest snakes in the world. A harmless snake that poses no threat to humans.







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FIRST AID FOR SNAKEBITE



IN THE EVENT OF A SNAKEBITE, DO NOT...

- Do not try to cut or suck out the venom. Never cut the bite site as cutting may do far more harm than good. Sucking does not remove significant amounts of venom.
- ◆ Do not apply any electric shock therapy. Shock treatments have been tested extensively and have been shown to have no effect on the outcome of the bite. Electric shocks do not neutralise snake venom.
- → Do not apply a tourniquet. Many people are bitten by harmless snakes or venomous snakes that do not inject sufficient venom to cause serious damage. Arterial or venous tourniquets are not advised in most bites as venom is transported largely through the lymphatic system and not through veins. There is little evidence that a tourniquet could be lifesaving following a snakebite.
- Do not apply heat, ice, lotions or potions. Apart from cleaning the bite site with water and applying a sterile gauze dressing nothing should be applied to the bite. Very hot water does not neutralise snake venom.
- ♣ Do not inject antivenom as a first aid measure. Most snakebite victims do not require antivenom and the polyvalent antivenom is only effective for the bites of certain potentially deadly snakes. If required, antivenom must be injected intravenously by a medical doctor and usually in large quantities. As victims may go into anaphylactic shock when injected with antivenom, adrenaline and other drugs may also be required. Anaphylactic shock is a serious medical condition which may be fatal if not treated promptly.

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FIRST AID KITS

We stock a wide range of First Aid for Snakebite Kits, as well as Smart Pressure Bandages, Resuscitators, and first aid books. View the range online here.





FIRST AID FOR SNAKEBITE



IN THE EVENT OF A SNAKEBITE, DO...

- → Do get the victim to a hospital as soon as possible and in a safe manner. This is by far the most important first aid measure. For medical advice in a snakebite emergency, call the African Snakebite Institute +27 (0)82 494 2039.
- → Do keep the victim calm. Often easier said than done as people tend to panic in a snakebite emergency. Many snakebite victims go into shock, experience a drop in blood pressure and may even become nauseous and faint. If possible, do not allow the victim to walk, run, jump etc. Bear in mind that more than 99% of snakebite victims that are hospitalised within a few hours survive their snakebites.
- → Do remove jewellery as well as tight clothing. If bitten on the hand/arm/foot/
 lower leg, remove rings, bangles, bracelets, watches, anklets and any other tight
 jewellery including tight clothing.
- → Do administer artificial respiration if patient stops breathing. In serious snakebite cases involving snakes with predominantly neurotoxic venom, like the Black Mamba or Cape Cobra, the victim may soon experience difficulty with breathing, even within 20 minutes. This is a very serious medical condition and assisted breathing could be life-saving. Mouth-to-mouth resuscitation may be beneficial in the short term, but the proper use of a Bag Valve Mask is far better in such an instance.

SPITTING SNAKES

- ★ The common spitting snakes in South Africa are the Mozambique Spitting
 Cobra or M'Fezi and the Rinkhals. In the western parts of the country these are
 replaced by the Black Spitting Cobra. These snakes spray their venom up to a
 distance of three metres and do so in self-defence to temporarily blind their
 attacker so that they can make a quick escape.
- ★ Although spitting snakes accurately aim for the eyes, the venom diffuses into a spray over a wide area and may get onto your hair, face, arms and chest. Venom in the eyes is very painful and must be flushed or diluted as quickly as possible. The production of tears starts this process, but as a first aid measure, flush the eyes with water or a weak (normal) saline solution. The idea is to flush away any excess venom. Transport the victim to a medical doctor, who will examine the eyes for corneal damage and prescribe antibiotic eye drops to prevent secondary infection. There is no reason to use diluted antivenom it has no proven benefits and may cause an allergic reaction.
- ← If treated quickly, the chance of permanent damage to the eyes is extremely remote.

SNAKEBITE EMERGENCY NUMBERS

Netcare Ambulance: 082 911

ER24 Ambulance: 084 124

Provincial Ambulance: 10177/112

African Snakebite Institute: +27 (0)82 494 2039

HOSPITALS AROUND CAPE TOWN

Eerste Rivier Hospital

Tel: 021 902 8000 (-33.997958, 18.718759) 10 Humbolt Ave, Perm Gardens, Cape Town, 7100

Mediclinic Cape Gate Hospital

Tel: 086 161 6165 (-33.848651, 18.696744) Tanner St, Cape Gate, Cape Town, 7560

Mediclinic Cape Town Hospital

Tel: 086 122 4466 (-33.935942, 18.410311) 21 Hof St, Gardens, Cape Town, 8001

Netcare Christiaan Barnard Memorial Hospital

Tel: 021 441 0000 (-33.918769, 18.429228) Cnr DF Malan Street and, Rua Bartholomeu Dias Plain, Foreshore, Cape Town, 8001

Mediclinic Panorama Hospital

Tel: 021 938 2111 (-33.875287, 18.576946) Rothschild Blvd, Panorama, Cape Town, 7500

Mediclinic Constantiaberg Hospital

Tel: 086 122 5222 (-34.026641, 18.460915) Burnham Rd, Plumstead, Cape Town, 7800

SNAKE REMOVERS

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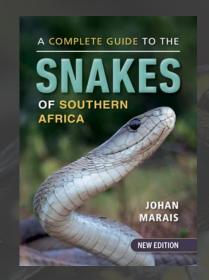


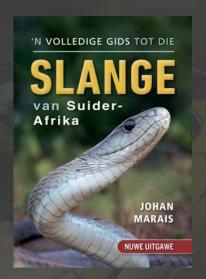


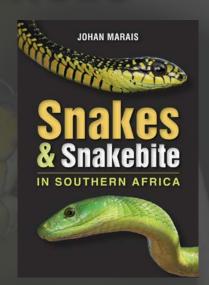




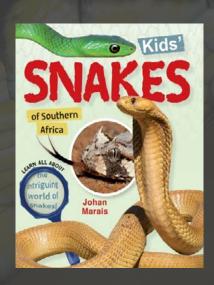
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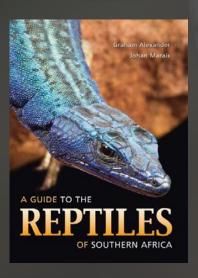




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