



ASI SNAKE BOOKLET

COMMON SNAKES OF HEIDELBERG, GP

Copyright: Johan Marais - African Snakebite Institute
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SNAKE COURSES

The ASI offers both public and corporate snake courses.

Public courses take place at various venues throughout South Africa.

The corporate training is done on-site, both in South Africa, as well as in 19 African countries.

We pride ourselves on teaching only the safest snake handling methods, to ensure the safety of both the handler and the snake.

We offer a range of different course options, including snake awareness, first aid for snakebite, venomous snake handling, venomous snake handling bootcamps, as well as advanced first aid for snakebite, advanced venomous snake handling and a reptile photography course.

For course info,
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INTRODUCTION

The African Snakebite Institute is the leading training provider of Snake Awareness, First Aid for Snakebite and Venomous Snake Handling courses in Africa as well as the largest distributor of quality snake handling equipment, snake PPE and snakebite first aid kits. Our aim is to spread snake awareness as far and wide as possible, which is why we've launched our new free E-Book series.

Our CEO, Johan Marais is a well-known herpetologist with over 40 years of experience with snakes. He has worked at various reptile facilities and has collaborated on a variety of scientific studies with some of the world's leading herpetologists. He is also one of Africa's most prominent authors of snake books and has written the best-sellers *A Complete Guide to Snakes of Southern Africa*, *Snakes and Snakebite in Southern Africa* and *First Aid for Snakebite*, to mention just a few.



COMMON SNAKES OF HEIDELBERG, GP

Gauteng has 48 different snake species. Of the 25 snakes that occur around Heidelberg, two are highly venomous, two are venomous, one can inflict a painful bite and the rest are mildly venomous or harmless. We've listed the common species in this booklet, showing venomosity, key ID features, full distribution, and snakebite info for venomous species.

Snakebite is problematic with most bites reported from the hot, wet regions in the eastern part of the country. More than 4,000 snakebites are reported annually with over 1,000 victims being hospitalised. Of those around 60% show signs of envenomation and the remaining 40% show no symptoms – these are referred to as dry bites or may be bites from mildly venomous or harmless snakes. In a recent 5 year survey of 879 snakebite cases in Zululand, nearly 98% of victims showed typical signs of cytotoxic envenomation – largely Mozambique Spitting Cobra, Puff Adder, Common Night Adder and Stiletto Snake bites. Despite their relative frequency, if treated correctly in hospital, these bites are rarely fatal. Most bites occurred in the early evening in the warm wet summer months from November to April/May. Around 84% of the bites were inflicted well below the knee. Less than 11% of these victims received antivenom and none of the bites in this survey were fatal.

Generally speaking we have 10 – 12 fatal snakebites a year in South Africa and these are invariably caused by the Black Mamba and Cape Cobra. Both of these snakes have a potent neurotoxic venom that may quickly affect breathing.

SNAKE HANDLING EQUIPMENT

The African Snakebite Institute is the leading provider of quality snake handling equipment in Africa. View our range online [here](http://www.AFRICANSNAKEBITEINSTITUTE.com).



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COMMON SNAKES OF HEIDELBERG, GP



Heidelberg has around 25 species of snakes. Two species are considered highly venomous, and another two are venomous. One species can give a bad bite. Eight species are mildly venomous and twelve other species are harmless to humans.

HIGHLY VENOMOUS

Has caused human fatalities.

VENOMOUS

Painful bite, but does not require antivenom.

MILDLY VENOMOUS

Not thought to be harmless to humans.

HARMLESS

Not dangerous to humans.



Rinkhals
(*Hemachatus haemachatus*)



Puff Adder
(*Bitis arietans*)



Common Night Adder
(*Causus rhombeatus*)



Bibron's Stiletto Snake
(*Atractaspis bibroni*)



Spotted Skaapsteker
(*Psammophylax rhombeatus*)



Cross-marked Grass Snake
(*Psammophis crucifer*)



Herald Snake
(*Crotaphopeltis hotamboeia*) - photo Luke Kemp



Black-headed Centipede-eater
(*Aparallactus capensis*)



Mole Snake - adult
(*Pseudaspis cana*)



Mole Snake - juvenile
(*Pseudaspis cana*)



Brown House Snake
(*Boaedon capensis*)



Aurora House Snake
(*Lamprophis aurora*)



Brown Water Snake
(*Lycodonomorphus rufulus*)



Common Egg-eater
(*Dasypeltis scabra*)



Common Slug-eater
(*Duberria lutrix*)



Bibron's Blind Snake
(*Afrotyphlops bibroni*)

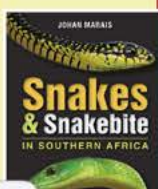
JOHAN MARAIS is the author of various books on reptiles including the best-seller *A Complete Guide to Snakes of Southern Africa*. He is a popular public speaker and CEO of the African Snakebite Institute. The African Snakebite Institute (ASI) offers a variety of courses including Snake Awareness, Scorpion Awareness and Venomous Snake Handling. ASI is accredited by the International Society of Zoological Sciences (ISZS) and Travel Doctor-approved service provider. The courses are also accredited by the Health Professions Council of South Africa (HPCSA). ASI is the largest provider of quality snake handling and safety equipment in Africa.

FREE ASI SNAKES APP

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EMERGENCY PROTOCOL

IN THE EVENT OF A SNAKE BITE

- 1 Keep the victim calm, immobilized and transport the victim to the closest hospital **without delay**.
- 2 If the victim stops breathing, resort to artificial respiration or make use of a Bag Valve Mask.
- 3 Call the Poison Information Centre help-line for further advice: 0861 555 777.

DO NOT

- ... apply a tourniquet.
- ... cut and suck the wound.
- ... use ice or very hot water.
- ... give the victim alcohol.
- ... apply electric shock.
- ... inject antivenom randomly. Antivenom (if required) must be administered by a doctor in a hospital environment.

Download the high resolution poster [here](https://www.asiorg.co.za).

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HIGHLY VENOMOUS



Rinkhals (*Hemachatus haemachatus*)

Maximum Length:
1.5 m



Other names:

Ring-necked Spitting Cobra

The Rinkhals is endemic to Southern Africa and is found only in South Africa, eSwatini, Lesotho and eastern Zimbabwe. Though it resembles a cobra (spreads a hood) it is not a true cobra and gives birth to live young. It is essentially a grassland inhabitant but is also found in fynbos in the Western Cape. It is fond of wetlands where it feeds on frogs. When threatened it is quick to disappear down a hole, but if cornered it will stand its ground, form a hood and spit. The Rinkhals is also quick to play dead with the body turned upside down and the mouth hanging open. The venom of this snake is largely cytotoxic causing pain, swelling and potentially tissue damage. Bites are extremely rare and fatalities virtually unheard of. Polyvalent antivenom is effective.



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ASI EASY ID

Rinkhals (*Hemachatus haemachatus*)

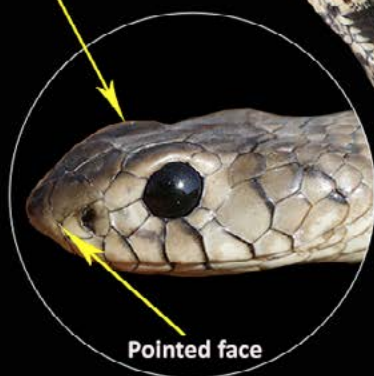
HIGHLY VENOMOUS

Average length: 80 cm - 1 m. Maximum length: 1.5 m

Can be confused with: Mozambique Spitting Cobra, Mole Snakes



Adults have black faces.
Juveniles often have
grey faces
with black edged scales



Pointed face

Can spit effectively up to 3 m

Varies in colour from olive to
dark brown, grey or dull black.
In KZN, the Eastern and Western
Cape and Zimbabwe
they are usually banded

Spreads a hood

White bars
on neck region

Has keeled scales,
giving the snake a
rough texture

Belly usually black,
sometimes with grey
or pale edges

Well known for shamming death
when harassed

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Snakebite Profile

Rinkhals

Hemachatus haemachatus



Risk of Bites

This snake is quick to hood in a defensive position when startled and will often spit venom at attackers. It is also well known for playing dead when cornered. Bites to humans are uncommon. However, dogs that attack the snake are often bitten and die quickly unless treated with antivenom by a veterinarian soon after a bite.



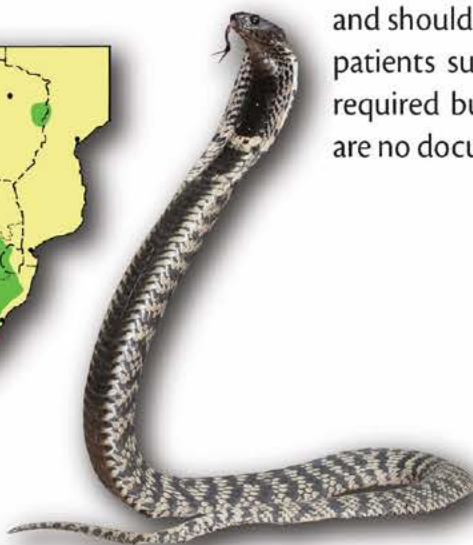
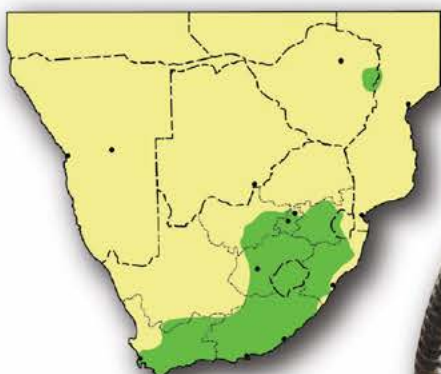
Most Bites

Bites are not common, except for incidents where snake keepers are bitten by captive snakes. Persons handling the snake may also be bitten.



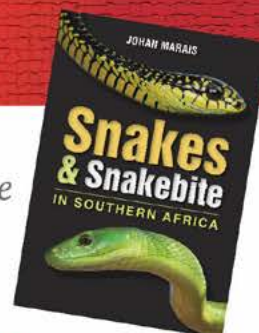
Symptoms & Venom

The venom is both cytotoxic and neurotoxic. Symptoms include painful swelling of the affected limb and possibly necrosis at the site of the bite. Other symptoms, though not common, include nausea, dizziness and respiratory distress.



See pages 67-69

– *Snakes and Snakebite in Southern Africa* (2024).



First Aid

Immobilise and reassure the patient. Elevate the affected limb. Promptly transport the victim to the nearest hospital that has emergency facilities. Avoid all other first aid remedies including bandages. For venom in the eyes, wash the eyes out immediately using water or any other bland liquid and transport the victim to a medical doctor.



Medical Treatment

In cases of severe envenomation where there are clear signs of progressive swelling, which extends more than 10-15cm per hour above the bite site, or respiratory distress, doctors will treat such bites with 12 ampoules (or more) of polyvalent antivenom. Anti-inflammatories (NSAID's) and antibiotics are not indicated in the short term. Fasciotomies are rarely justified and should generally be avoided. In cases where patients suffer tissue damage, surgery may be required but rarely in the first few days. There are no documented fatalities from these bites in more than 45 years.



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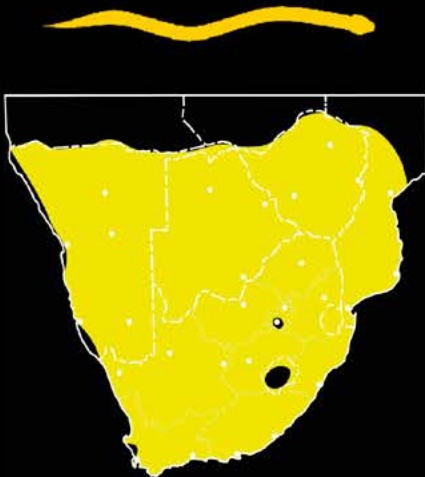
HIGHLY VENOMOUS



Puff Adder

(*Bitis arietans*)

Maximum Length:
1.4 m



Other names:

Pofadder, Imbululu

The Puff Adder is widespread over much of southern Africa and further north into Africa. It is a heavy-bodied snake that relies on its excellent camouflage and is reluctant to move. Much of its life is spent in camouflage mode and recent research has shown that when hiding, the Puff Adder will not hiss or strike when approached, as this would give away its presence. It is an ambush hunter that will coil up into a striking position and await its prey. This can last several days or even weeks. Toads are lured closer with flicking of the tongue. Puff Adder venom is potently cytotoxic, causing severe pain, swelling, blistering and in many cases severe tissue damage. Polyvalent antivenom is effective.



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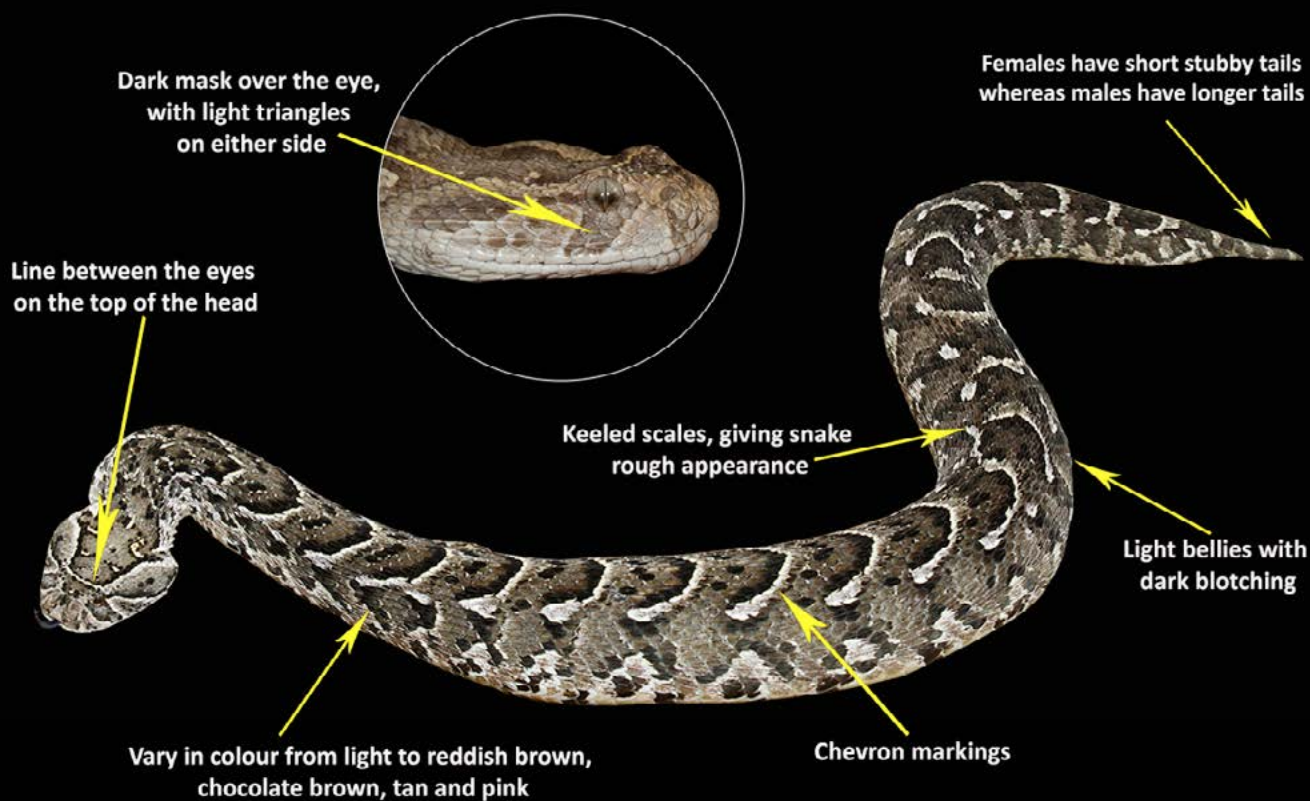
ASI EASY ID

Puff Adder (*Bitis arietans*)

HIGHLY VENOMOUS

Average length: 90 cm. Maximum length: 1.4 m

Often confused with: night adders and Berg Adders



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Snakebite Profile

Puff Adder

Bitis arietans



Risk Of Bites

Bites are common as this snake is widespread throughout most of southern Africa. Along with the Mozambique Spitting Cobra, these two snakes account for the majority of serious snakebites in southern Africa. Dogs are at risk and often get bitten when attempting to kill the snake.



Most Bites

Most victims are bitten at night when accidentally stepping on the snake, but bites are also inflicted during the day when the snake is basking. Most bites are on the feet or lower legs.

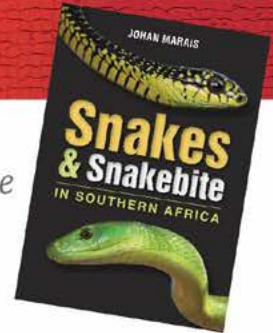


Symptoms & Venom

The venom is potently cytotoxic as well as haemotoxic. Symptoms include severe pain, progressive swelling, bleeding from the fang punctures, blistering and tissue damage. The lymph nodes may also be affected. Dogs may perish after a bite from this snake, unless treated with polyvalent antivenom, if required.

See pages 26-28

– *Snakes and Snakebite in Southern Africa* (2024).



First Aid

Immobilise and reassure the patient. Elevate the affected limb and remove tight clothing and jewelry. Promptly transport the victim to the nearest hospital that has emergency facilities. Avoid all other first aid remedies including bandages.



Medical Treatment

In cases of severe envenomation where there are clear signs of progressive swelling, which extends more than 10-15cm per hour above the bite site, doctors will treat such bites with 6 ampoules (or more) of polyvalent antivenom. Anti-inflammatories (NSAID's) and antibiotics are not indicated in the short term. Fasciotomies are rarely justified and should generally be avoided. In cases where patients suffer tissue damage, surgery may be required but rarely in the first few days.

Fatalities are rare.



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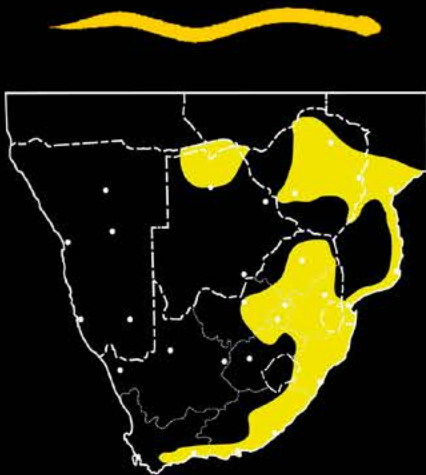


VENOMOUS



Common Night Adder (*Causus rhombeatus*)

Maximum Length:
1 m



Other names:

Rhombic Night Adder, Gewone Nagadder

Despite the common name, the Night Adder is more active during the day. It averages 30 – 60 cm in length, but can reach 1 m. It can be identified by the distinct dark V-marking on the head. It prefers damp localities and is a frog specialist. The Night Adder is generally a docile snake but will hiss aggressively and strike when provoked. It accounts for many bites, especially in KZN and the Eastern Cape. It is commonly found in suburban gardens.

Night Adder venom is cytotoxic, and most bites are not serious – causing pain and swelling. Having said that, the venom of this snake should never be underestimated, especially in children, as some victims require hospitalisation.



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ASI EASY ID

Common Night Adder (*Causus rhombeatus*)

VENOMOUS

Average length: 40 - 60 cm. Maximum length: 1 m

Often confused with: Rhombic Egg-eaters, Berg Adders and Puff Adders



Despite the common name,
they are mainly active during the day

Rhombic markings.
Dark brown, light-edged blotches
along the centre of the body and tail

Single distinct "V"
marking on the head.
The apex of the V ending
between the eyes

Black lines on the
edges of the scales
of the upper lip

Often has
dark mask
over eye

Belly usually white to
yellowish or light grey

Colour, varying shades
of light grey, olive,
or light to pinkish brown

Round pupil

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Snakebite Profile

COMMON NIGHT ADDER

Causus rhombeatus



Risk of Bites

Bites are quite common in coastal KwaZulu-Natal and the Eastern Cape. Despite the common name, this snake is active during the day and frequents moist areas at dams, rivers and streams, where it feeds largely on toads. Dogs are at risk and often get bitten when attempting to kill the snake.



Most Bites

People are bitten when accidentally stepping onto one of these snakes. Most bites are on the feet or lower legs. Some people are under the wrong impression that Night Adder venom is mild and get bitten when handling the snake.

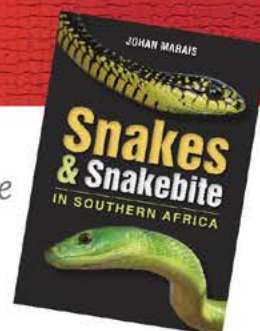


First Aid

Immobilise and reassure the patient, elevate the affected limb and rest it. In severe cases, especially in small children, the patient may require hospitalization for rehydration and pain.

See pages 40-41

– Snakes and Snakebite
in Southern Africa
(2024).



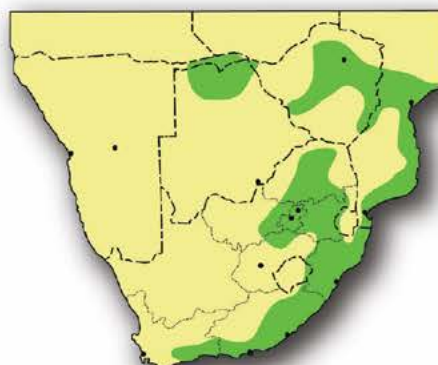
Symptoms & Venom

The venom is largely cytotoxic (cell-destroying), causing pain, local swelling, and discoloration of the bitten area within an hour or two. The lymph nodes may also be affected. Swelling and discoloration may persist for more than a week, but blistering is rare. The venom of this snake does not cause tissue damage but could be quite serious when dogs are bitten. Small dogs may perish after a bite from this snake.



Medical Treatment

There is no antivenom for this bite of a Common Night Adder. Both antibiotics and anti-inflammatories (NSAIDs) are not indicated and should not be given in the first 72 hours. If well rested, patients recover fully within a week or two.



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VENOMOUS



Bibron's Stiletto Snake

(Atractaspis bibronii)

**Maximum Length:
70 cm**



Other names:

**Bibron se Sypikslang; Moladder; Mole
Viper; Burrowing Asp**

After the Mozambique Spitting Cobra and Puff Adder, the Bibron's Stiletto Snake accounts for most serious snakebites in South Africa. It spends most of its life underground but often emerges on hot humid nights and may be stepped on. With large hinged fangs it cannot be handled safely and also cannot be held behind the head – it merely twists its head sideways and will get a fang to penetrate a fingertip. It is usually blackish brown in colour and is easily confused for a variety of harmless snakes. This snake averages 30 cm but can exceed 70 cm in length. Its venom is potentially cytotoxic causing severe pain, swelling, blistering and necrosis. Antivenom is not available for this snake.



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ASI EASY ID

Bibron's Stiletto Snake (*Atractaspis bibronii*)

VENOMOUS

Average length: 40 - 60 cm. Maximum length: 98 cm

Often confused with: wolf snakes, blind snakes, purple-glossed snakes



Body is brown to blackish in colour

Short stubby tail with spike on the end

Tries to bury head in sand, forming an arch in its neck

Has single subcaudal scales

Belly may be white or same colour as body

Small pig-like eyes

Large hinged fangs

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+ SNAKEBITE PROFILE

BIBRON'S STILETTO SNAKE

Atractaspis bibronii

Risk of Bites

Bibron's Stiletto Snake is largely active at night, especially on warm summer nights after a bout of rain. It may also fall into swimming pools and may be brought indoors by cats.

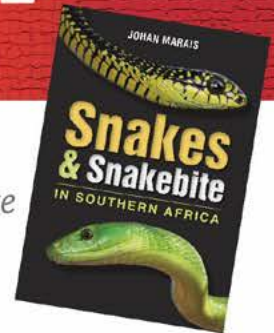
Most Bites

Most victims are bitten picking up Stiletto Snakes, mistaking them for a harmless snake. Otherwise, when stood on while walking barefoot at night.

Symptoms & Venom

The venom of this snake is potently cytotoxic, causing severe pain, local swelling, blistering, and potentially local tissue damage.

See pages 85-87
– *Snakes and Snakebite
in Southern Africa*
(2024).

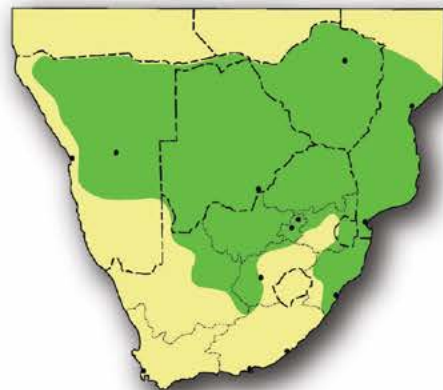


First Aid

There is virtually nothing that can be done. Elevate the affected limb and get to a hospital that has an emergency department.

Medical Treatment

As there is no antivenom for a bite from this snake, doctors need to treat for pain and rehydrate the victim. Anti-inflammatories, antibiotics and antihistamines are not effective and should not be administered. It is equally as important not to resort to any form of surgery for at least 5-7 days. Only thereafter should debridement be considered depending on the severity of the bite.



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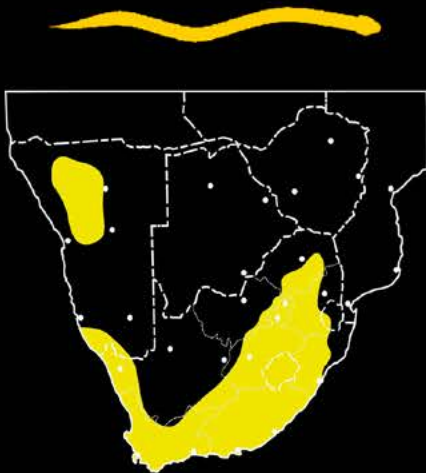


MILDLY VENOMOUS



Spotted Skaapsteker (*Psammophylax rhombeatus*)

Maximum Length:
1.4 m



Other names:

Rhombic Skaapsteker; Gespikkelde Skaapsteker

A fast-moving diurnal snake that inhabits grasslands, fynbos, moist savanna and semi-desert areas. It is a nervous snake and is quick to escape, either into a bush or grass tuft or under a rock. The name 'Skaapsteker' came from the mistaken belief that these abundant snakes accounted for sheep deaths, when the actual culprit was probably the Cape Cobra. This is also one of few African snakes that coil around and protect their eggs – the Southern African Python being the other. The Spotted Skaapsteker feeds on rodents, lizards, birds, frogs and other snakes. The venom of this snake is mild and poses no threat to humans.



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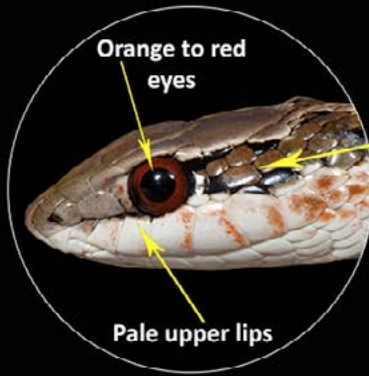
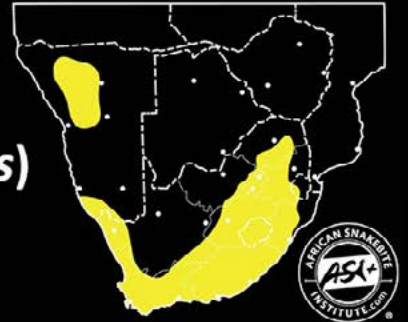
ASI EASY ID

Spotted Skaapsteker (*Psammophylax rhombeatus*)

MILDLY VENOMOUS

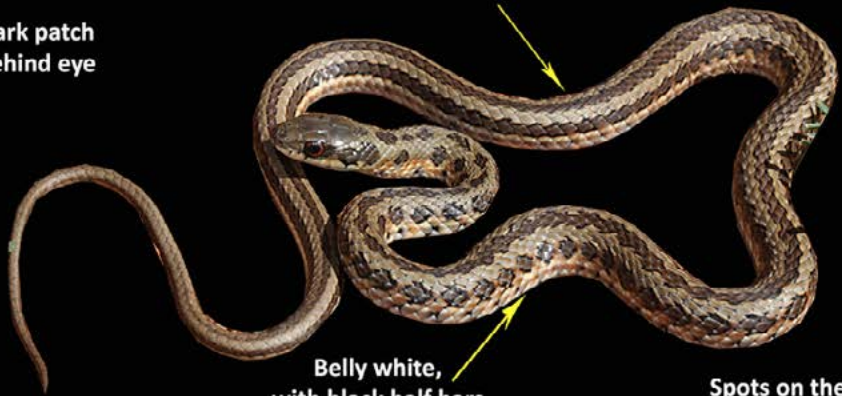
Average length: 40 - 60 cm. Maximum length: 1.4 m

Often confused with: other sand and grass snakes and Striped Skaapsteker



Dark patch
behind eye

Grassland form



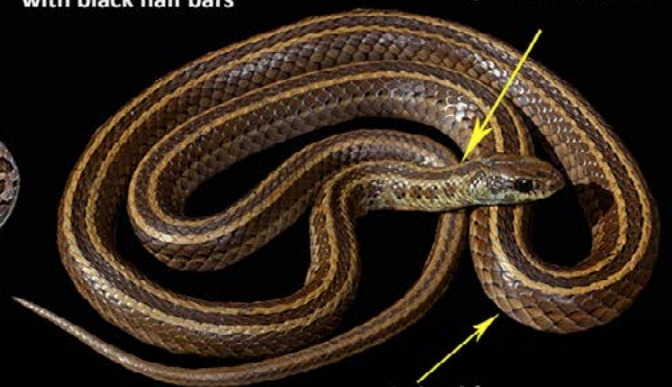
Belly white,
with black half bars

Spots on the neck

Cape form



Cape form has
red and blue flecks



Striped form

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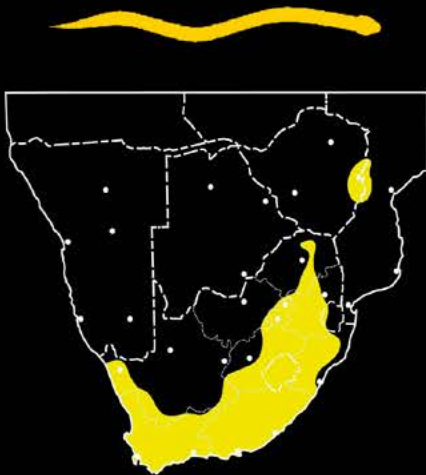


MILDLY VENOMOUS



Cross-marked Grass Snake (*Psammophis crucifer*)

Maximum Length:
82 cm



Other names:

Kruismerk Grasslang

One of the smaller grass snakes averaging 30-50 cm but exceeding 82 cm in length. It is active in the day and feeds on small lizards, especially skinks, as well as frogs. It inhabits lowland forest, moist savanna, montane forest, grassland and fynbos. It is common in the sandy scrub-covered areas of the Cape coast and mountain plateau of Mpumalanga. When disturbed it may roll into a tight coil with the head inside, like the Slug-eater. Most individuals are striped with distinct patterns on the side of the head, but some are plain brown to reddish brown with virtually no markings. A mildly venomous snake that poses no threat to humans.



Graham Alexander



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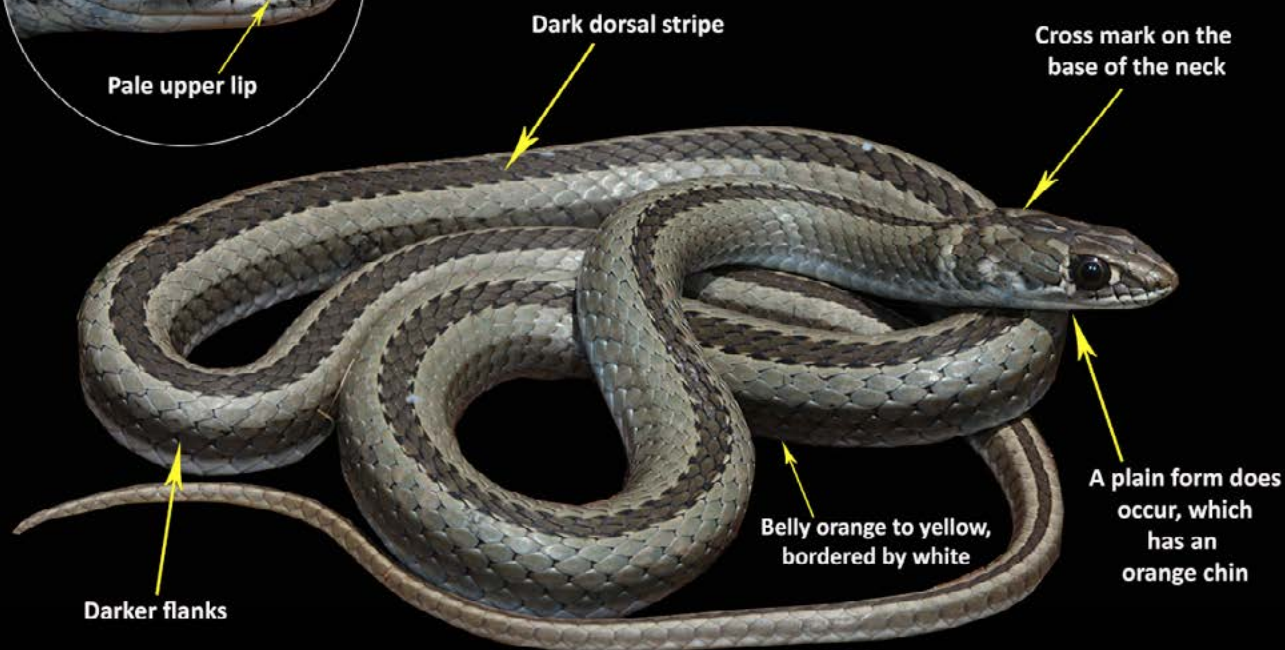
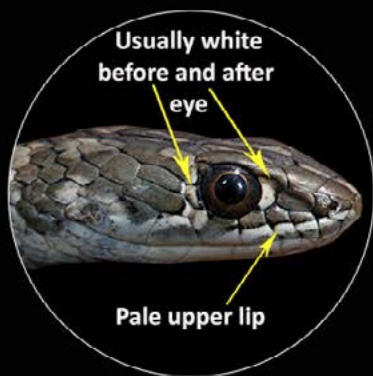
ASI EASY ID

Cross-marked Grass Snake (*Psammophis crucifer*)

MILDLY VENOMOUS

Average length: 40 - 60 cm. Maximum length: 82 cm

Often confused with: other sand and grass snakes



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MILDLY VENOMOUS



Photo Luke Kemp

Herald Snake

(Crotaphopeltis hotamboeia)

Maximum Length:

1 m



Other names:

Rooilipslang, Red-lipped Snake

A nocturnal snake that frequents suburban gardens, especially those with water features. It is a toad specialist and often eats toads that look far too large to swallow. The Herald Snake is usually greyish to olive-grey in colour, but some individuals are quite dark. The head is always darker than the body and there may be white speckles on the body. In parts of the range the upper lip is bright red, orange or yellowish to white. When threatened, this snake puts up quite a show, drawing the head back into a striking position with the mouth agape and the head flattened. It is mildly venomous and poses no threat to humans or domestic animals.



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ASI EASY ID

Herald Snake (*Crotaphopeltis hotamboeia*)

MILDLY VENOMOUS

Average length: 40 - 60 cm. Maximum length: 82 cm

Can be confused with: juvenile mambas and cobras



Head is distinctly darker
in colour than body.

Dark temples with
iridescent sheen

Dark temples

Upper lips can be red,
orange or white

Body usually light brown,
grey to olive grey

White speckles down the body

Belly is usually white,
to mother of pearl cream

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MILDLY VENOMOUS



Black-headed Centipede-eater (*Aparallactus capensis*)

Maximum Length:
40 cm



Other names:

Swartkop Honderdpootvreter,

A small slender nocturnal snake that averages 30 cm with a maximum length of 40 cm. This common snake is usually found in deserted termite mounds or under logs and rocks as well as in leaf litter. It occurs in the eastern half of the country from the Eastern Cape northwards.

The Black-headed Centipede-eater is a specialist feeder and preys on centipedes – it will seize its prey and then chew along the body until the venom takes effect. The centipede is eaten headfirst. It has a blackish head and light brown to orange-brown body, making it easy to identify. This snake is back-fanged and mildly venomous and poses no threat to humans.



Luke Kemp



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ASI EASY ID

Black-headed Centipede-eater (*Aparallactus capensis*)

MILDLY VENOMOUS

Average length: 30 cm. Maximum length: 40 cm



Colour varies from
beige to red

Distinct dark head
and band on neck

Often has
dark ventral
stitching

Small slender snake

Belly is pearl in colour

Feeds exclusively on centipedes

Dark tear under
the eye

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HARMLESS



Brown House Snake

(*Boaedon capensis*)

Maximum Length:
1.5 m



Other names:

Bruin Huislang

The Brown House Snake, true to its name, frequents human dwellings where it feeds largely on rodents and lizards. It is completely harmless and relies on muscle power to constrict its prey. It is widespread in South Africa and very common in suburban gardens.

This snake is active at night and is relatively slow-moving. Most individuals are medium to dark brown with a mother-of-pearl belly and two light lines on either side of the head – one from the nose through the top of the eye to the back of the head and the other from the back of the eye to the angle of the jaw. The Brown House Snake comes in a variety of shades of brown, often with mottling of white along the neck.



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ASI EASY ID

Brown House Snake (*Boaedon capensis*)

HARMLESS

Average length: 55 cm. Maximum length: 1.5 m

Can be confused with: Slug-eaters



Varies in colour from light brown to reddish brown, chocolate brown, tan and pink

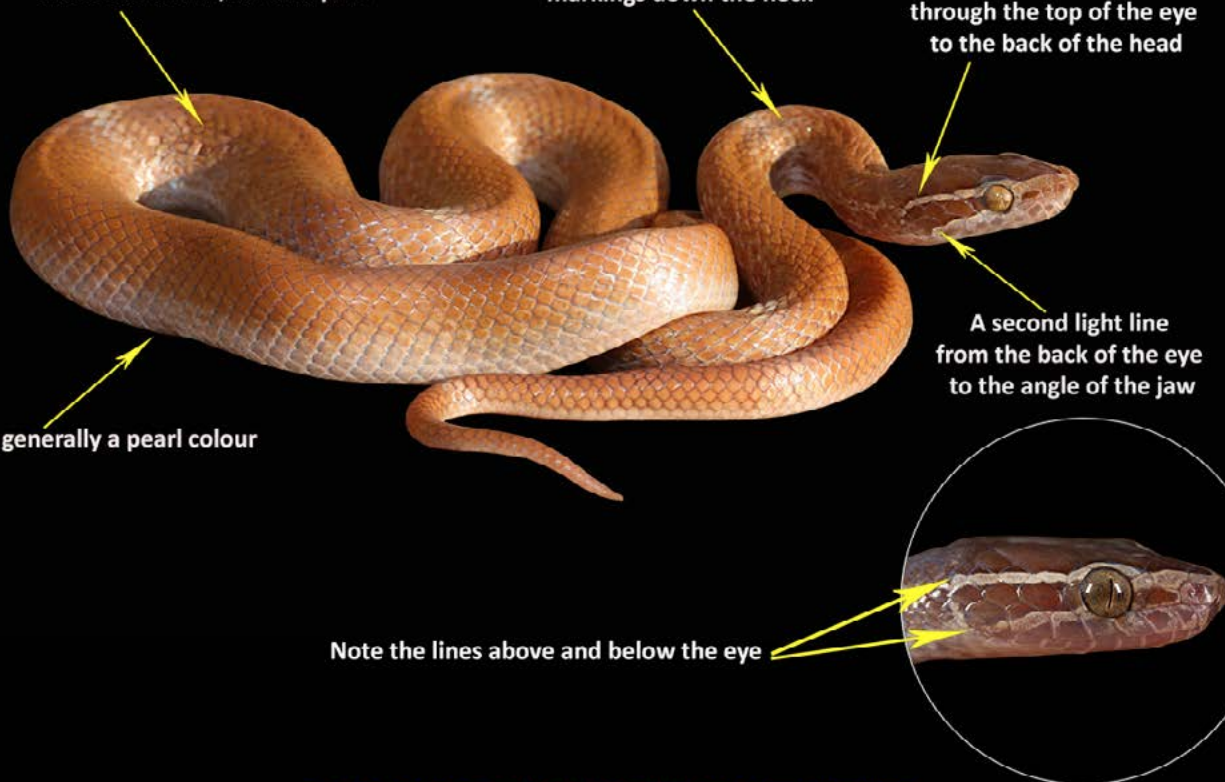
May have mottled markings down the neck

One light line from the nose through the top of the eye to the back of the head

Belly is generally a pearl colour

A second light line from the back of the eye to the angle of the jaw

Note the lines above and below the eye



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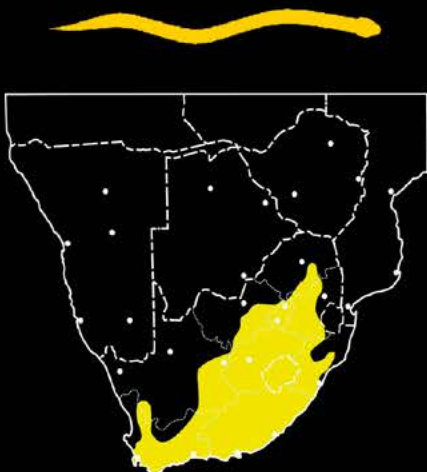


HARMLESS



Aurora House Snake (*Lamprophis aurora*)

Maximum Length:
90 cm



Other names:

Auroraslang

A beautifully-marked, slow-moving snake that favours damp localities in grasslands, lowland forest and fynbos where it hunts for nestling rodents, lizards and frogs at night. Adults average 60 cm but may exceed 90 cm. It varies in colour from shiny olive green to dull dark green above with a bright yellow to orange vertebral stripe from the top of the head to the tip of the tail. It is a harmless constrictor that seldom attempts to bite. This snake is endemic to South Africa and Lesotho and occurs from the Cape Peninsula through the Western and Eastern Cape into parts of the Northern Cape, the Free State, much of KwaZulu-Natal, Mpumalanga, Limpopo, Gauteng and eastern North West province.



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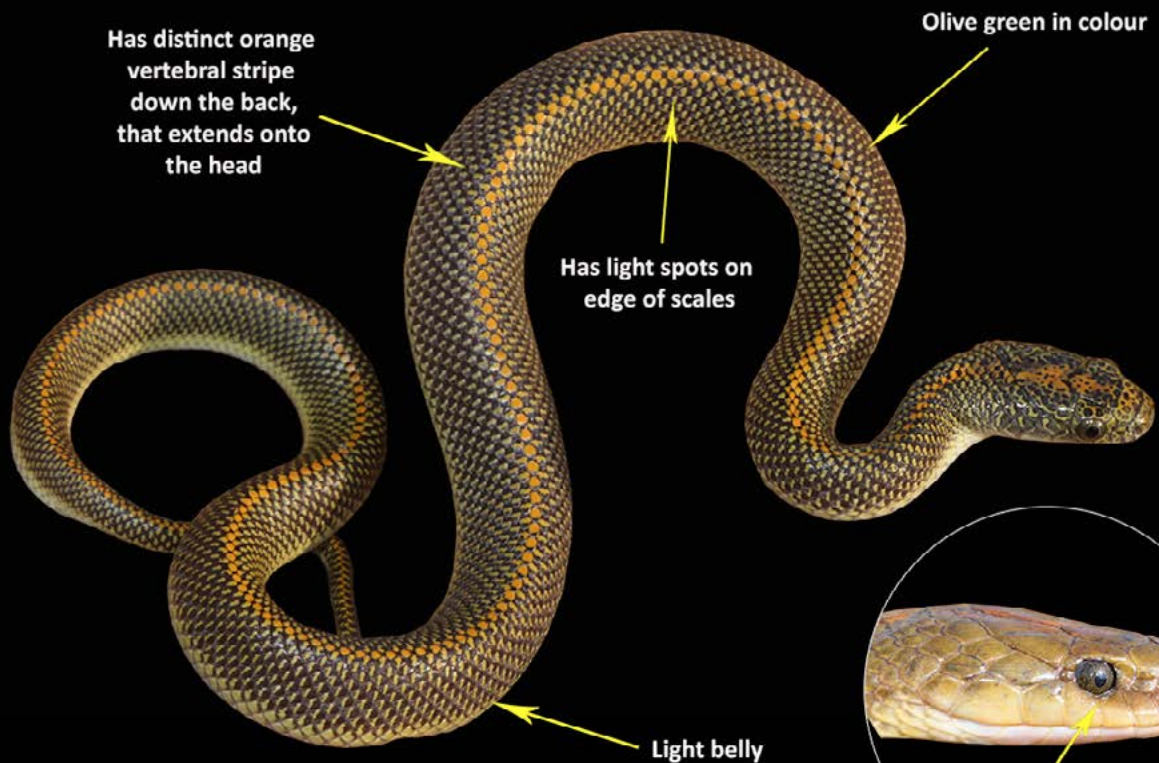
ASI EASY ID

Aurora House Snake (*Lamprophis aurora*)

HARMLESS

Average length: 30-50 cm. Maximum length: 90 cm

Often confused with: Spotted Harlequin Snakes (Grassland form)



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HARMLESS



Brown Water Snake (*Lycodonomorphus rufulus*)

Maximum Length:
97 cm



Other names:
Bruin Waterslang

A smallish snake averaging 30-50 cm with a maximum length of 97 cm. It is light to dark brown with a salmon-pink to yellow coloured belly. Snakes from the Western Cape are often much darker. This snake is not as aquatic as the Dusky-bellied Water Snake but does frequent rivers, streams, vleis and other damp areas. It is active at night and swims well but is often seen hunting along shaded streams during the day. It is a powerful constrictor and feeds on frogs, tadpoles, fish and occasionally nestling rodents and geckos. Females produce 6 – 23 eggs in summer. Though harmless this snake is much feared in Zulu culture and is called Ivuzamanzi elimdubu.



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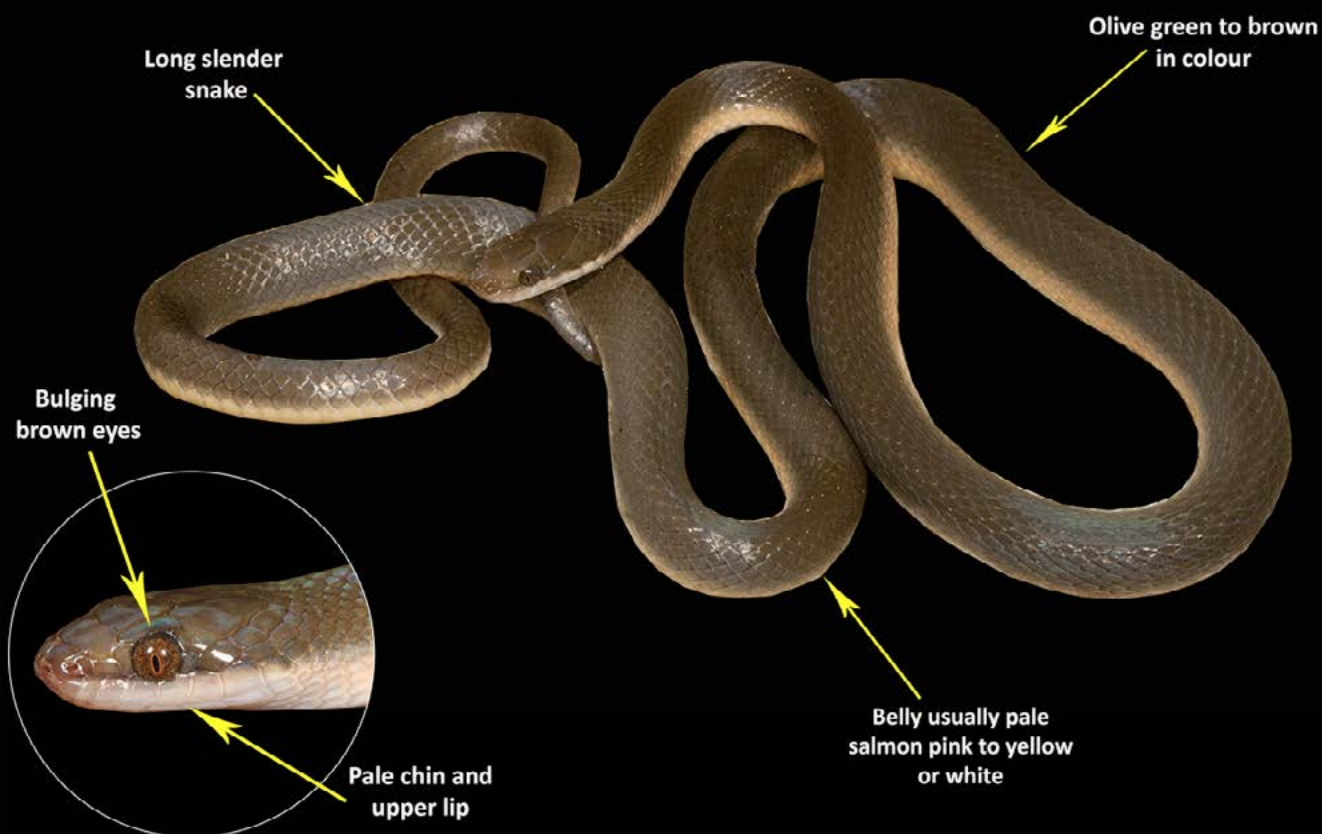
ASI EASY ID

Brown Water Snake (*Lycodonomorphus rufulus*)

HARMLESS

Average length: 45-60 cm. Maximum length: 97 cm

Often confused with: Olive Snakes, Yellow-bellied House Snakes



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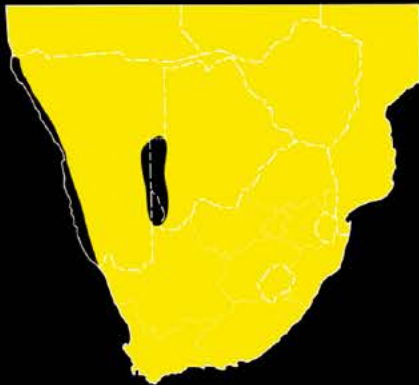


HARMLESS



Common Egg-eater (*Dasypeltis scabra*)

Maximum Length:
1.16 m



Other names:

Rhombic Egg-eater, Gewone Eiervreter

A common snake throughout most of southern Africa except for true desert and closed canopy forests. It averages around 50 cm and is well adapted at climbing trees. It is most abundant in thornveld and grasslands where it can be found in any situation. It is nocturnal, spending most of the day hiding beneath rocks or under loose bark. When agitated, it will coil and uncoil while striking out viciously. The rubbing scales create a rasping sound similar to a hiss. It is completely harmless, and the teeth are reduced. It feeds exclusively on birds' eggs. It may be confused with the venomous Common Night Adder.



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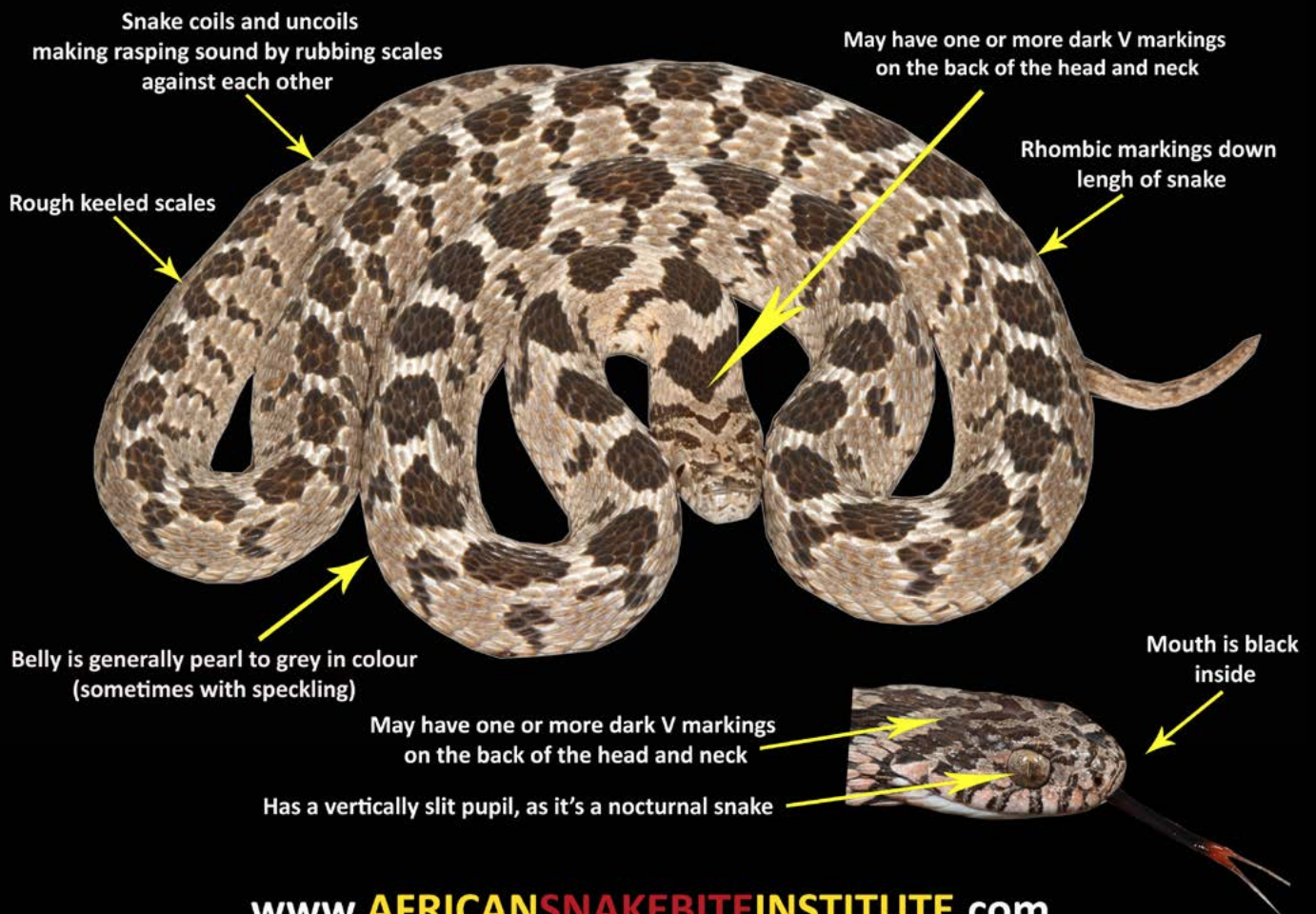
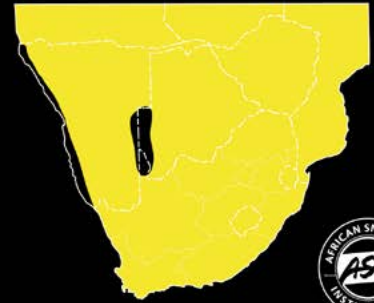
ASI EASY ID

Common Egg-eater (*Dasypeltis scabra*)

HARMLESS

Average length: 55 cm. Maximum length: 1.16 m

Often confused with: Common Night Adders



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HARMLESS



Common Slug-eater (*Duberria lutrix*)

Maximum Length:
43 cm



Other names:

Gewone Slakvreter, Tabakrolletjie

A small snake that averages 30 – 35 cm. It feeds exclusively on snails and slugs and locates them by following the slime trail. The Common Slug-eater favours damp localities in the south-eastern half of southern Africa.

During the day it seeks shelter under rocks, logs and grass tufts and emerges in the evening to hunt. It is reluctant to bite and if threatened will defecate and secrete a foul-smelling substance simultaneously. It also has the peculiar habit of rolling up into a tight spiral with the head concealed, like a roll of tobacco, hence the Afrikaans name. This small slow-moving snake is not venomous and poses no threat to humans.



Luke Kemp



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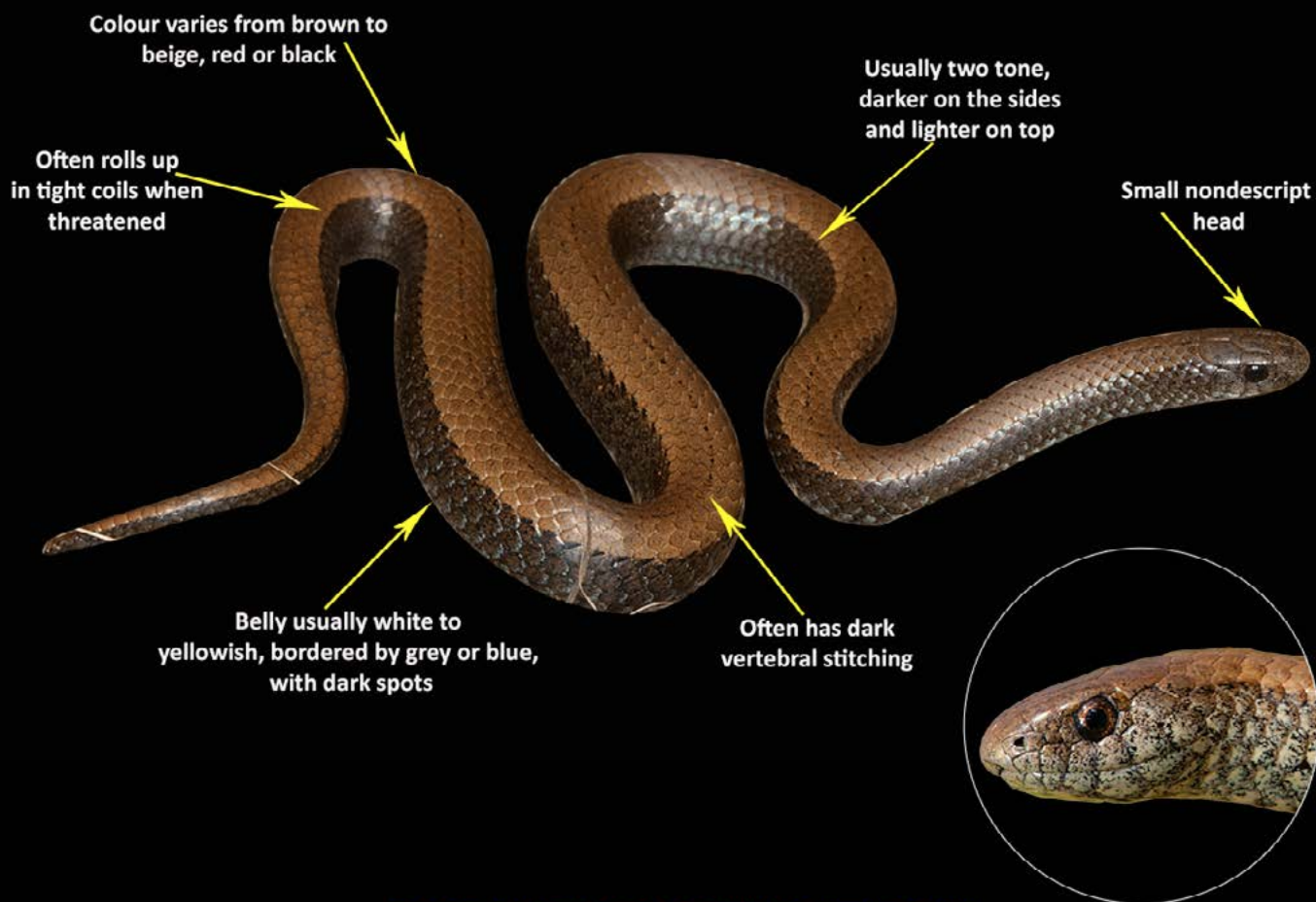
ASI EASY ID

Common Slug-eater (*Duberria lutrix*)

HARMLESS

Average length: 35 cm. Maximum length: 45 cm

Often confused with: Juvenile Cape Cobras



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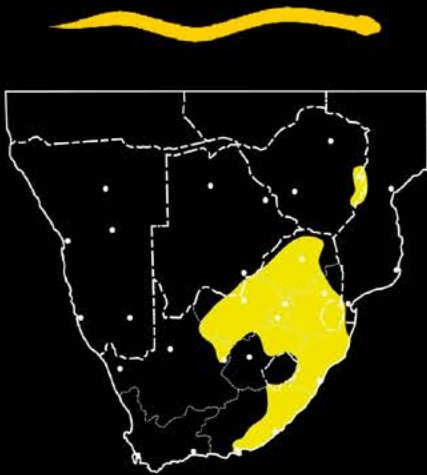


HARMLESS



Bibron's Blind Snake (*Afrotyphlops bibronii*)

Maximum Length:
48.4 cm



Other names:

Bibron's se Blindeslang

This harmless burrowing snake spends most of its life underground where it feeds on ants, termites and their larvae. It is often flushed to the surface after heavy rains. As the common name indicates it is largely blind, with a scale over the eye – an adaptation for an underground existence. Bibron's Blind Snake averages 30 – 38 cm with a maximum length of 48.4 cm. Both ends are rounded, and one must look carefully to work out which end is the head and which is the tail. A variety of burrowing snakes, like the stiletto and harlequin snake prey on this species. This snake may be confused with Delelande's Beaked Blind Snake and the venomous stiletto snakes.



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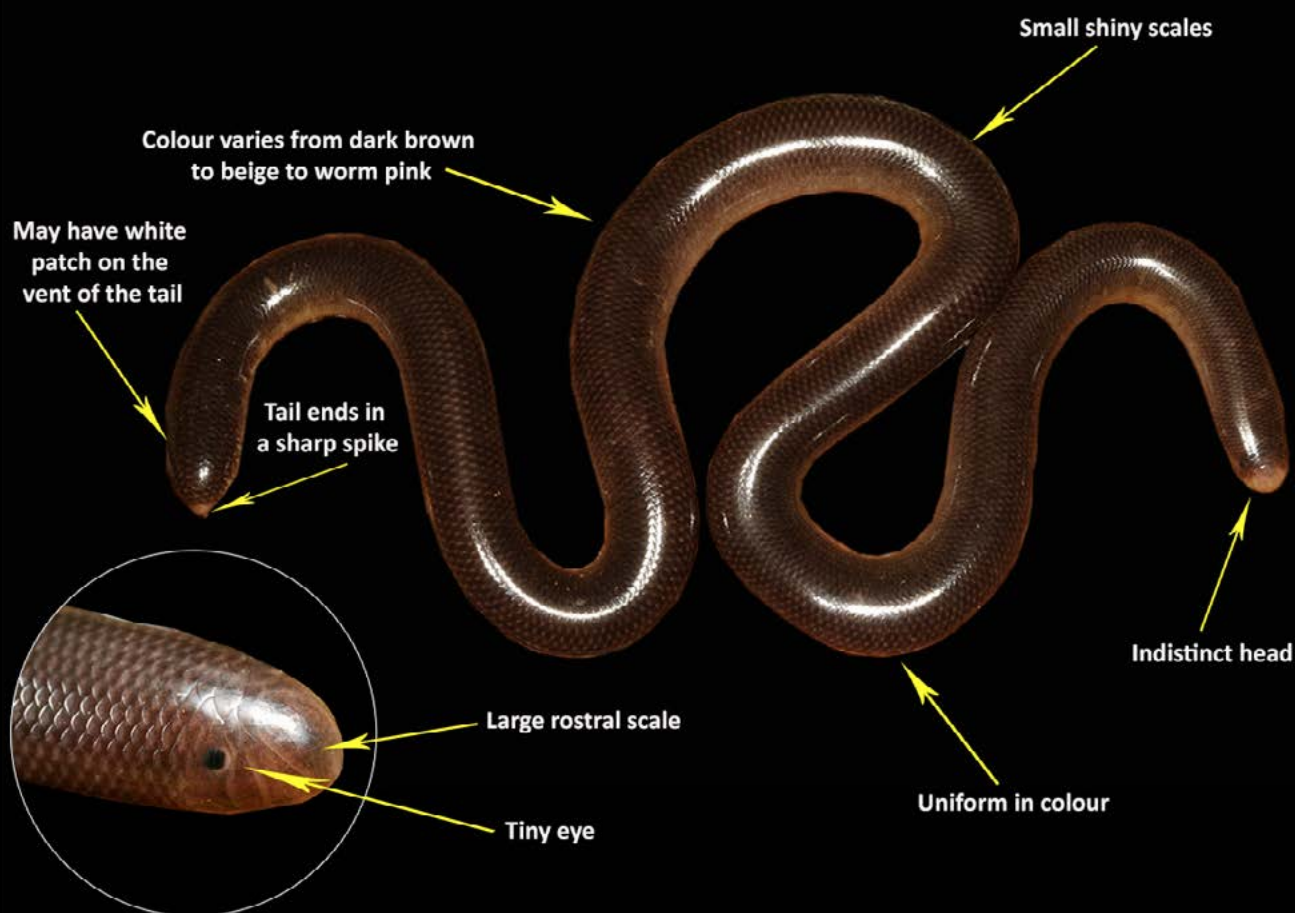
ASI EASY ID

Bibron's Blind Snake (*Afrotyphlops bibronii*)

HARMLESS

Average length: 30–40 cm. Maximum length: 48.4 cm

Often confused with: stiletto snakes and Deleclando's Beaked Blind Snakes



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FIRST AID FOR SNAKEBITE



IN THE EVENT OF A SNAKEBITE, DO...

- ✦ Do get the victim to a hospital as soon as possible and in a safe manner. This is by far the most important first aid measure. For medical advice in a snakebite emergency, call the African Snakebite Institute **+27 (0)82 494 2039**.
- ✦ Do keep the victim calm. Often easier said than done as people tend to panic in a snakebite emergency. Many snakebite victims go into shock, experience a drop in blood pressure and may even become nauseous and faint. If possible, do not allow the victim to walk, run, jump etc. Bear in mind that more than 99% of snakebite victims that are hospitalised within a few hours survive their snakebites.
- ✦ Do remove jewellery as well as tight clothing. If bitten on the hand/arm/foot/lower leg, remove rings, bangles, bracelets, watches, anklets and any other tight jewellery including tight clothing.
- ✦ Do administer artificial respiration if patient stops breathing. In serious snakebite cases involving snakes with predominantly neurotoxic venom, like the Black Mamba or Cape Cobra, the victim may soon experience difficulty with breathing, even within 20 minutes. This is a very serious medical condition and assisted breathing could be life-saving. Mouth-to-mouth resuscitation may be beneficial in the short term, but the proper use of a Bag Valve Mask is far better in such an instance.

SPITTING SNAKES

- ✦ The common spitting snakes in South Africa are the Mozambique Spitting Cobra or M'Fezi and the Rinkhals. In the western parts of the country these are replaced by the Black Spitting Cobra. These snakes spray their venom up to a distance of three metres and do so in self-defence to temporarily blind their attacker so that they can make a quick escape.
- ✦ Although spitting snakes accurately aim for the eyes, the venom diffuses into a spray over a wide area and may get onto your hair, face, arms and chest. Venom in the eyes is very painful and must be flushed or diluted as quickly as possible. The production of tears starts this process, but as a first aid measure, flush the eyes with water or a weak (normal) saline solution. The idea is to flush away any excess venom. Transport the victim to a medical doctor, who will examine the eyes for corneal damage and prescribe antibiotic eye drops to prevent secondary infection. There is no reason to use diluted antivenom – it has no proven benefits and may cause an allergic reaction.
- ✦ If treated quickly, the chance of permanent damage to the eyes is extremely remote.

Snakebite Emergency Numbers

Netcare Ambulance: 082 911

ER24 Ambulance: 084 124

Provincial Ambulance: 10177/112

African Snakebite Institute: +27 (0)82 494 2039

HOSPITALS AROUND HEIDELBERG

Life Suikerbosrand Hospital

Tel: 016 342 9200

(-26.500868, 28.354027)

Cnr HF Verwoerd & Mare St,
Heidelberg - GP, 1441

Heidelberg Hospital

Tel: 016 341 1100

(-26.504366, 28.352047)

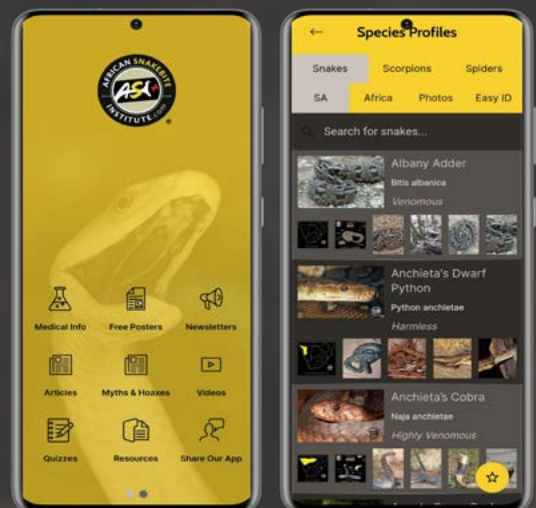
Hospitaal St, Heidelberg, 1441



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The ASI team travels thousands of kilometres a month, often to remote parts of southern Africa, for both snake awareness and venomous snake handling training and for reptile surveys.

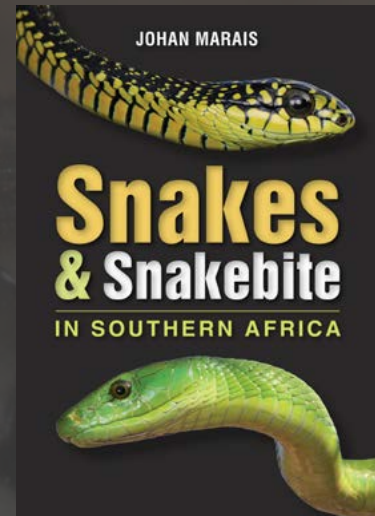
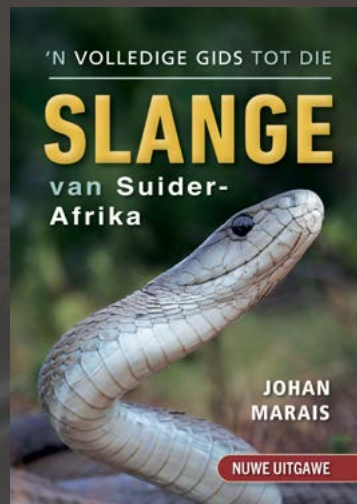
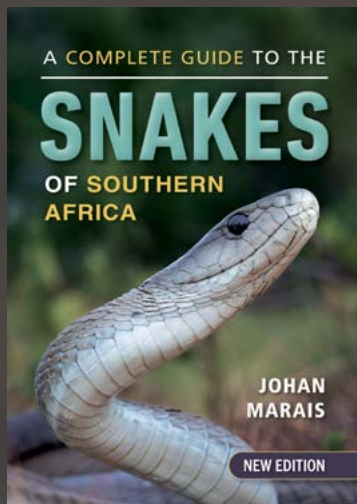
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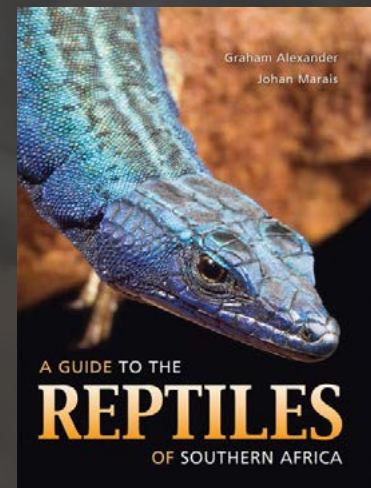
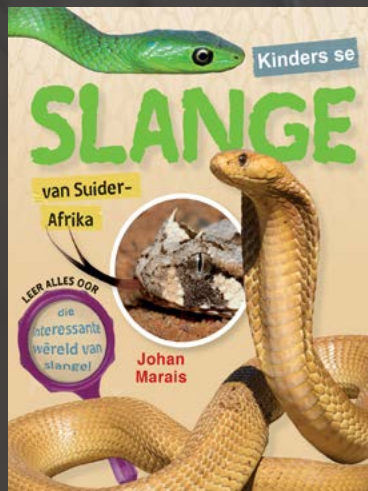
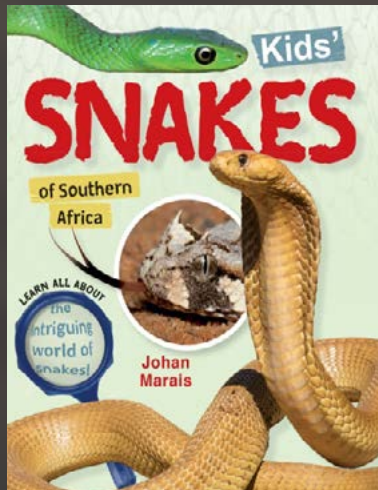
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Snake Identification: +27 72 979 1249 or support@asiorg.co.za

Snakebite Emergencies: +27 82 494 2039

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