

Copyright: Johan Marais - African Snakebite Institute First Edition published 2025

814 Wapadrand Rd, Wapadrand Security Village, Pretoria, 0081

Cell: +27 (0)82 494 2039 E-mail johan@asiorg.co.za www.africansnakebiteinstitute.com

All rights reserved. No part of this publication may be reproduced or used commercially without the prior written permission of the copyright owner.

SNAKE COURSES

The ASI offers both public and corporate snake courses.

Public courses take place at various venues throughout South Africa.

The corporate training is done on-site, both in South Africa, as well as in 19 African countries.

We pride ourselves on teaching only the safest snake handling methods, to ensure the safety of both the handler and the snake.

We offer a range of different course options, including snake awareness, first aid for snakebite, venomous snake handling, venomous snake handling bootcamps, as well as advanced first aid for snakebite, advanced venomous snake handling and a reptile photography course.

For course info, click here or email us on courses@asiorg.co.za for details.





INTRODUCTION

he African Snakebite Institute is the leading training provider of Snake Awareness, First Aid for Snakebite and Venomous Snake Handling courses in Africa as well as the largest distributer of quality snake handling equipment, snake PPE and snakebite first aid kits. Our aim is to spread snake awareness as far and wide as possible, which is why we've launched our new free E-Book series.

ur CEO, Johan Marais is a well-known herpetologist with over 40 years of experience with snakes. He has worked at various reptile facilities and has collaborated on a variety of scientific studies with some of the world's leading herpetologists. He is also one of Africa's most prominent authors of snake books and has written the best-sellers A Complete Guide to Snakes of Southern Africa, Snakes and Snakebite in Southern Africa and First Aid for Snakebite, to mention just a few.



COMMON SNAKES OF KLEINSEE

The Northern Cape has 52 different snake species. Of the 19 snakes that occur near Kleinsee three are highly venomous, five can inflict a nasty bite and the rest are mildly venomous or harmless We've listed the common species in this booklet, showing venomosity, key ID features, full distribution, and snakebite info for venomous species.

Snakebite is problematic with most bites reported from the hot, wet regions in the eastern part of the country. More than 4,000 snakebites are reported annually with over 1,000 victims being hospitalised. Of those around 60% show signs of envenomation and the remaining 40% show no symptoms – these are referred to as dry bites or may be bites from mildly venomous or harmless snakes. In a recent 5 year survey of 879 snakebite cases in Zululand, nearly 98% of victims showed typical signs of cytotoxic envenomation – largely Mozambique Spitting Cobra, Puff Adder, Common Night Adder and Stiletto Snake bites. Despite their relative frequency, if treated correctly in hospital, these bites are rarely fatal. Most bites occured in the early evening in the warm wet summer months from November to April/May. Around 84% of the bites were inflicted well below the knee. Less than 11% of these victims received antivenom and none of the bites in this survey were fatal.

Generally speaking we have 10-12 fatal snakebites a year in South Africa and these are invariably caused by the Black Mamba and Cape Cobra. Both of these snakes have a potent neurotoxic venom that may quickly affect breathing.

SNAKE HANDLING EQUIPMENT

The African Snakebite Institute is the leading provider of quality snake handling equipment in Africa. View our range online here.



COMMON SNAKES OF KLEINSEE



Kleinsee has around 19 species of snakes. Four species are harmless and one can inflict a painful bite. Six species are mildly venomous and another five are venomous. There are three species which are highly venomous.

Has caused human fatalities

Painful bite, but does not require antivenom

Not thought to be harmful to humans HARMLESS

Not dangerous to



































HARMLESS

JOHAN MARAIS is the author of various books on reptiles including the best-seller A Complete Guide to Snakes of Southern Africa. He is a popular public speaker and CEO of the African Snakebite Institute. The African Snakebite Institute (ASI) offers a variety of courses including Snake Awareness, Scorpion Awareness and Venomous Snake Handling. ASI is accredited by the International Society of Zoological Sciences (ISZS) and Travel Doctor-approved service provider. The courses are also accredited by the Health Professions Council of South Africa (HPCSA). ASI is the largest provider of quality snake handling and safety equipment in Africa.

FREE ASI SNAKES APP

Johan Marais | African Snakebite Institute

+27 82 494 2039 | johan@asiorg.co.za

www.AFRICANSNAKEBITEINSTITUTE.com

& Snakebite



EMERGENCY PROTOCOL

IN THE EVENT OF A SNAKE BITE

1 Keep the victim calm, immobilized and transport the victim to the closest hospital without delay.

2 If the victim stops breathing, resort to artificial respiration or make use of a Bag Valve Mask

3 Call the Poison Information Centre helpline for further advice: 0861 555 777.

DO NOT

- ... apply a tourniquet.
- ... cut and suck the wound.
- ... use ice or very hot water.
- ... give the victim alcohol.
- ... apply electric shock.
- ... inject antivenom randomly. Antivenom (if required) must be administered by a doctor in a hospital environment.

Download the high resolution poster



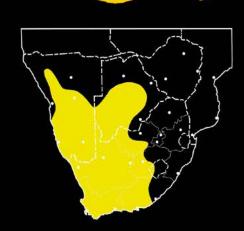
HIGHLY VENOMOUS



Cape Cobra

(Naja nivea)

Maximum Length: 2.3 m



Other names:

Geelslang, Kaapse Kobra, Koper kapel

This snake varies in colour from near black to dark or light brown, beige, yellow or speckled while juveniles have a dark band on the throat. The Cape Cobra is easily confused with the Mole Snake and the Black Spitting Cobra. It is by far our most dangerous cobra and with the Black Mamba it accounts for the majority of fatal snake bites in South Africa. The Cape Cobra may stand its ground if threatened and is quick to form a hood and bite. It occurs largely in the Cape provinces but extends into the Free State, Northwest, southern Botswana and Namibia. The venom is potently neurotoxic causing progressive weakness and may affect breathing rapidly. Victims need urgent hospitalisation and in a severe bite antivenom is essential







Johan Marais African Snakebite Institute 2023



ASI EASY ID

Cape Cobra (Naja nivea)

HIGHLY VENOMOUS

Average length: 1.2 - 1.6 m. Maximum length: 2.3 m

Can be confused with: Mole Snakes, Black Spitting Cobras, Snouted Cobras





Chunky cheeks for venom storage Spreads an impressive hood

Juveniles have a dark band on throat

mark under the eye Varies in colour from light yellow to brown, gold and black.

Often a speckled mix of colours

Ventral scales often visable on sides

Belly usually same colour as the rest of snake

Usually have dark tipped tails

SNAKEBITE PROFILE **CAPE COBRA**

Naja nivea



Risk of Bites

The Cape Cobra is commonly encountered in suburbia, especially in areas where rodents are abundant. If cornered, it is quick to rear up and form a hood and if approached closely will bite readily.



Most Bites

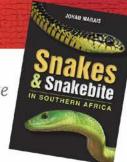
Most victims are bitten on the lower leg or on a hand, often when attempting to capture or kill the snake.



& Symptoms & Venom

A potent and fast-acting neurotoxic venom that is quite similar to Black Mamba venom in its effects. It results in pins and needles in the lips, nausea, excessive sweating, drooping eyelids, difficulty in swallowing and eventually drowsiness and muscle pain followed by paralysis and respiratory failure. Some victims also experience some swelling. In severe cases victims become unresponsive within less than one hour.

See pages 49-51 - Snakes and Snakebite in Southern Africa (2024).



First Aid

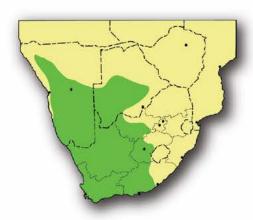
Immobilise and reassure the patient, who must lie down in a rescue position. Immediately arrange transport to a hospital with emergency facilities. If far from a hospital, apply a pressure bandage (Page 19 of Snakes and Snakebite in Southern Africa). Resort to artificial respiration if the victim stops breathing.



Medical Treatment

severe envenomation cases patients are intubated and ventilated if they are not breathing. They are treated with 12-15 vials of SAVP Polyvalent antivenom. Additional vials of antivenom may be required at a later stage. Even after receiving antivenom, patients may remain unresponsive for a day or two.





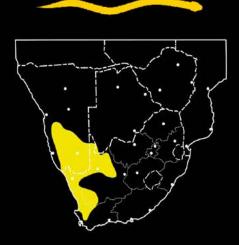




HIGHLY VENOMOUS

Black Spitting Cobra (*Naja nigricincta woodi*)

Maximum Length: 1.8 m



Other names:

Swart Spoegslang; Swart Spoegkobra

The Black Spitting Cobra occurs north-east from Cape Town through the Cederberg and northwards into much of Namaqualand extending east to Upington, Tswalu and Witsand Nature Reserves and north into southern Namibia.

It is active during the day and favours dry riverbeds and rocky hills. It is a shy and elusive snake that is quick to escape if encountered. Bites are extremely rare.

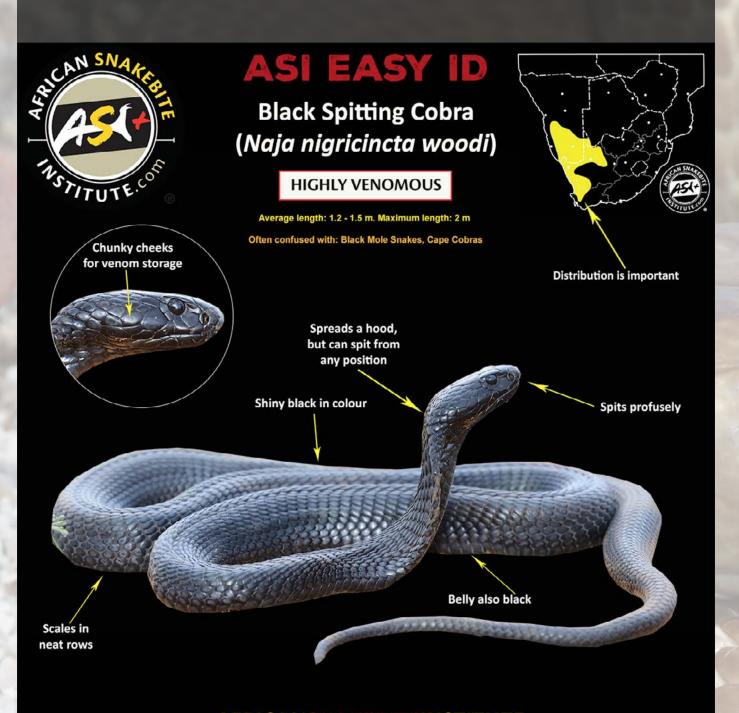
Its venom, like that of all spitting cobras, is potently cytotoxic, causing severe pain, swelling and tissue damage. It also has the ability to spit its venom and does so effectively. It feeds on snakes, lizards and frogs.







© Johan Marais African Snakebite Institute 2022





SNAKEBITE PROFILE

BLACK SPITTING COBRA

Naja nigricincta woodi



Risk Of Bites

Bites from the Black Spitting Cobra are extremely rare as this snake inhabits dry riverbeds and rocky terrain in arid areas. It is a nervous snake and is very quick to escape. If cornered, it will spit and attempt to escape.



Most Bites

There are few recorded bites, one to a prisoner in a jail cell in Piketberg, Western Cape. However, no fatalities have been recorded.



First Aid

Immobilise and reassure the patient. Elevate the affected limb. Remove tight clothing and jewelry. Promptly transport the victim to the nearest hospital that has emergency facilities. Avoid all other first aid remedies including bandages. For venom in the eyes, wash the eyes out immediately using water or any other bland liquid and transport the patient to a medical doctor for further examination.

See pages 58-59 - Snakes and Snakebite in Southern Africa (2024).





🔍 Symptoms & Venom

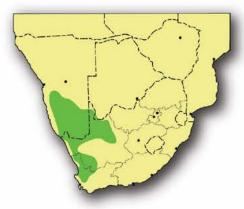
The venom of the Black Spitting Cobra is predominantly and potently cytotoxic. Symptoms include severe pain, progressive swelling and tissue damage.



Medical Treatment

In cases of severe envenomation with progressive swelling extending over 10-15 cm per hour from the bite, doctors administer 12 or more ampoules of polyvalent antivenom. Short-term use of **NSAIDs** and antibiotics recommended. Fasciotomies are rarely justified and should generally be avoided. Surgery for tissue damage may be necessary, however, it is seldom required within the first few days.









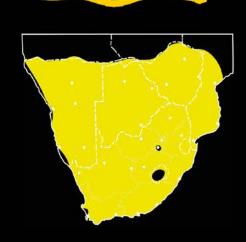




Puff Adder

(Bitis arietans)

Maximum Length: 1.4 m



Other names:

Pofadder, Imbululu

The Puff Adder is widespread over much of southern Africa and further north into Africa. It is a heavy-bodied snake that relies on its excellent camouflage and is reluctant to move. Much of its life is spent in camouflage mode and recent research has shown that when hiding, the Puff Adder will not hiss or strike when approached, as this would give away its presence. It is an ambush hunter that will coil up into a striking position and await its prey. This can last several days or even weeks. Toads are lured closer with flicking of the tongue. Puff Adder venom is potently cytotoxic, causing severe pain, swelling, blistering and in many cases severe tissue damage. Polyvalent antivenom is effective.







Donan Marais African Snakebite Institute 2022



ASI EASY ID

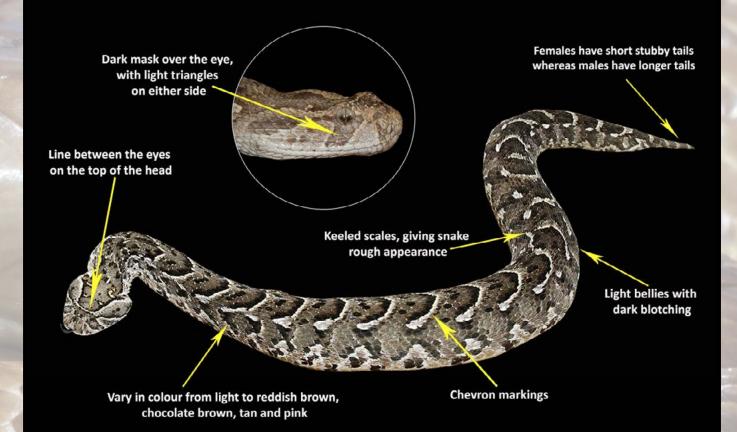
Puff Adder (Bitis arietans)

HIGHLY VENOMOUS

Average length: 90 cm. Maximum length: 1.4 m

Often confused with: night adders and Berg Adders







SNAKEBITE PROFILE **PUFF ADDER**

Bitis arietans



Risk Of Bites

Bites are common as this snake is widespread throughout most of southern Africa. Along with the Mozambique Spitting Cobra, these two snakes account for the majority of serious snakebites in southern Africa. Dogs are at risk and often get bitten when attempting to kill the snake.



Most Bites

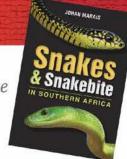
Most victims are bitten at night when accidentally stepping on the snake, but bites are also inflicted during the day when the snake is basking. Most bites are on the feet or lower legs.



& Symptoms & Venom

The venom is potently cytotoxic as well as haemotoxic. Symptoms include severe pain, progressive swelling, bleeding from the fang punctures, blistering and tissue damage. The lymph nodes may also be affected. Dogs may perish after a bite from this snake, unless treated with polyvalent antivenom, if required.

See pages 26-28 Snakes and Snakebite in Southern Africa (2024).



First Aid

Immobilise and reassure the patient. Elevate the affected limb and remove tight clothing and jewelry. Promptly transport the victim to the nearest hospital that has emergency facilities. Avoid all other first aid remedies including bandages.



Medical Treatment

In cases of severe envenomation where there are clear signs of progressive swelling, which extends more than 10-15cm per hour above the bite site, doctors will treat such bites with 6 ampoules (or more) of polyvalent antivenom. Anti-inflammatories (NSAID's) and antibiotics are not indicated in the short term. Fasciotomies are rarely justified and should generally be avoided. In cases where patients suffer tissue damage, surgery may be required but rarely in the first few days.

Fatalities are rare.









VENOMOUS

Cape Coral Snake

(Aspidelaps I. lubricus)

Maximum Length: 60 cm



Other names:

Koraalslang, Koraalkobra

A colourful nocturnal snake that is widespread in the drier western part of southern Africa. It shelters under rocks during the day and moves around at night, often seen crossing roads. The Cape Coral Snake inhabits outcrops and stony, dry, sandy regions in arid savanna, Karoo scrub, Fynbos and desert. If confronted it will lift its head off the ground, flatten the neck region and hiss while striking out repeatedly. This snake may be confused with the harmless Tiger snakes of the genus *Telescopus*. A popular snake in the illegal pet trade. Its venom is predominantly neurotoxic and may affect breathing. There is no antivenom for the bite of this snake and bites must be treated symptomatically.







Johan Marais African Snakebite Institute 2022



ASI EASY ID

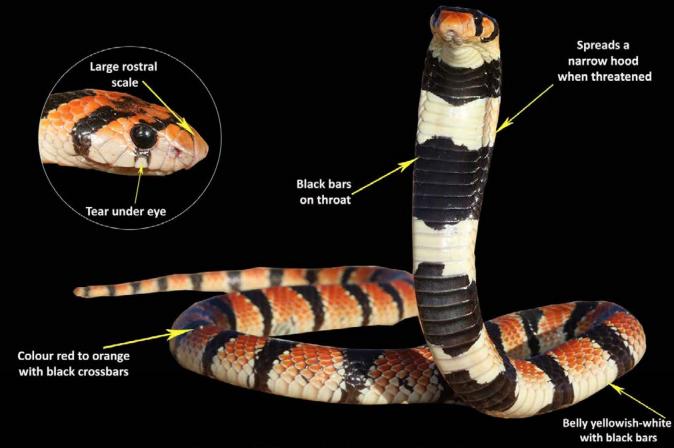
Cape Coral Snake
(Aspidelaps lubricus lubricus)

VENOMOUS

Average length: 35 cm. Maximum length: 60 cm

Often confused with: Spotted Harlequin Snakes and tiger snakes







SNAKEBITE PROFILE CAPE CORAL SNAKE

Aspidelaps lubricus lubricus



Risk of Bites

Bites to humans are not common. This snake inhabits rocky outcrops and dry sandy areas. It is quick to form a hood, hiss and strike repeatedly when startled or cornered.



Most Bites

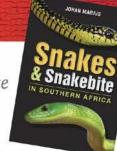
Bites are not common, except for incidents where snake keepers are bitten by captive snakes.



Symptoms & Venom

predominantly venom is neurotoxic. Symptoms may include pain and swelling. There is no antivenom for the bite of this snake. No human fatalities have been

See pages 70-71 Snakes and Snakebite in Southern Africa (2024).



First Aid

Immobilise and reassure the patient and elevate the affected limb. Promptly transport the victim to the nearest hospital that has emergency facilities. Avoid all other first aid remedies including bandages.



Medical Treatment

There is no antivenom for bites from this snake, and doctors will treat symptomatically.





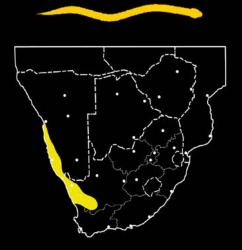


VENOMOUS

Many-horned Adder

(Bitis cornuta)

Maximum Length: 75 cm



Other names:

Veelhoringadder

A small adder that averages 30 – 40 cm, but may reach up to 75 cm, with characteristic clusters of horns above each eye. This is a common snake in Namaqualand and extends into southern Namibia. Though largely active at night, it is fond of basking during the day. It favours rocky areas and gravel flats. This little adder is often seen crossing roads in summer and many individuals are killed by passing vehicles. When confronted it will huff and puff and strike rapidly. The venom of this adder is cytotoxic and not considered deadly. Bites are extremely painful causing swelling and possibly necrosis around the fang punctures. Antivenom is not effective and is not required.







Johan Marais African Snakebite Institute 2022



Many-horned Adder (Bitis cornuta)

VENOMOUS

Average length: 30 - 40 cm. Maximum length: 54.6 cm

Often confused with: Red Adders, Horned Adders, Puff Adders



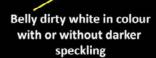
Distribution is important

Tufts of horns above each eye



before and after

Body colour is brownish to grey/blue with a series of paired dark squares, with light grey edges





SNAKEBITE PROFILE **MANY-HORNED ADDER**

Bitis cornuta



Risk of Bites

Bites are not common - this is a very cryptic snake, which prefers to avoid humans at all costs. If encountered, it puts up quite a show with a lot of hissing and striking.



Most Bites

Most bites occur to people trying to capture the snake or accidentally standing on one, especially at night.



Symptoms & Venom

venom is predominantly cytotoxic and causes severe pain and swelling. In a few cases necrosis has been recorded.



See pages 38-39 - Snakes and Snakebite in Southern Africa (2024).



First Aid

Immobilise and reassure the patient and elevate the affected limb. Remove tight clothing and jewelry. Transport the victim to the nearest hospital or doctor for pain management. Avoid all other first aid remedies including bandages.



Medical Treatment

There is no antivenom and patients may treated need to be for pain management. No fatalities have been recorded by bites from this snake and symptoms usually resolve within a week or two. On rare occasions tissue damage following a bite may be quite severe but local.





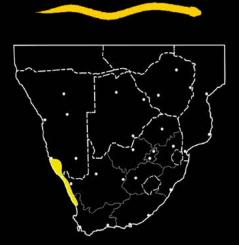


VENOMOUS

Namaqua Dwarf Adder

(Bitis schneideri)

Maximum Length: 28 cm



Other names:

Namakwa Dwergadder

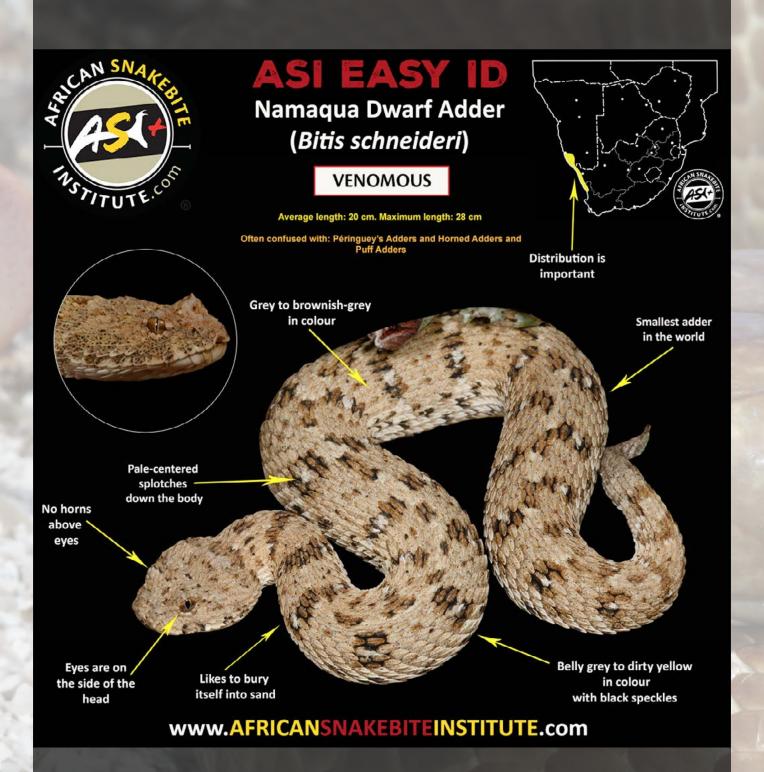
This is the smallest adder in the world, averaging around 15-20 cm in length. It occurs in coastal dunes in Namaqualand and southern Namibia where it feeds on lizards and rain frogs. It is preyed upon by a variety of small carnivores and predatory birds as well as other snakes, but the biggest threat comes from habitat destruction, crossing roads and illegal collecting for the pet trade. The Namaqua Dwarf Adder is largely active during the day but may be seen moving around at night. It shuffles into soft sand with only the eyes and top of the head exposed, in order to ambush prey. The venom of this snake is mildly cytotoxic causing pain and swelling. Antivenom is not effective and is not required.







© Johan Marais African Snakebite Institute 2022



SNAKEBITE PROFILE NAMAQUA DWARF ADDER

Bitis schneideri



Risk of Bites

The Namaqua Dwarf Adder is the smallest adder in the world and bites from this snake are exceptionally rare.



Most Bites

Bites would mainly be to snake handlers those or trying to photograph one.



风 Symptoms & Venom

This snake possesses small quantities of cytotoxic venom, which produce pain, swelling and discoloration at the site of the bite. Due to the size of the snake and limited venom yield, most bites are mild.

See pages 18-22 - Snakes and Snakebite in Southern Africa (2024).



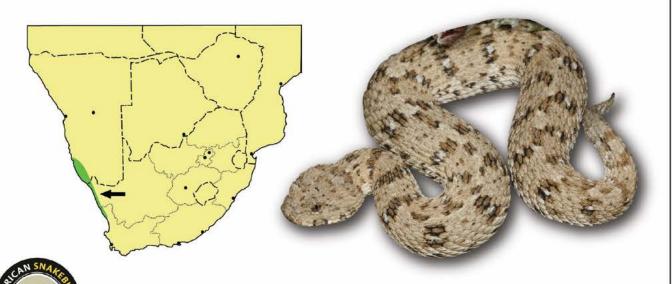
First Aid

Immobilise and reassure the patient and elevate the affected limb. Remove tight clothing and jewelry. Transport the victim to the nearest hospital or doctor for pain management. Avoid all other first aid remedies including bandages.



Medical Treatment

There is no antivenom for bites from this snake, and victims are treated symptomatically. Bites from this snake usually resolve fully within a few days.



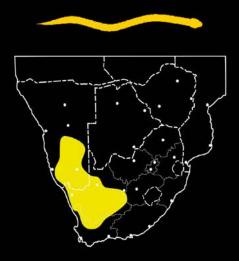




Beetz's Tiger Snake

(Telescopus beetzi)

Maximum Length: 68 cm



Other names: Beetz se Tierslang

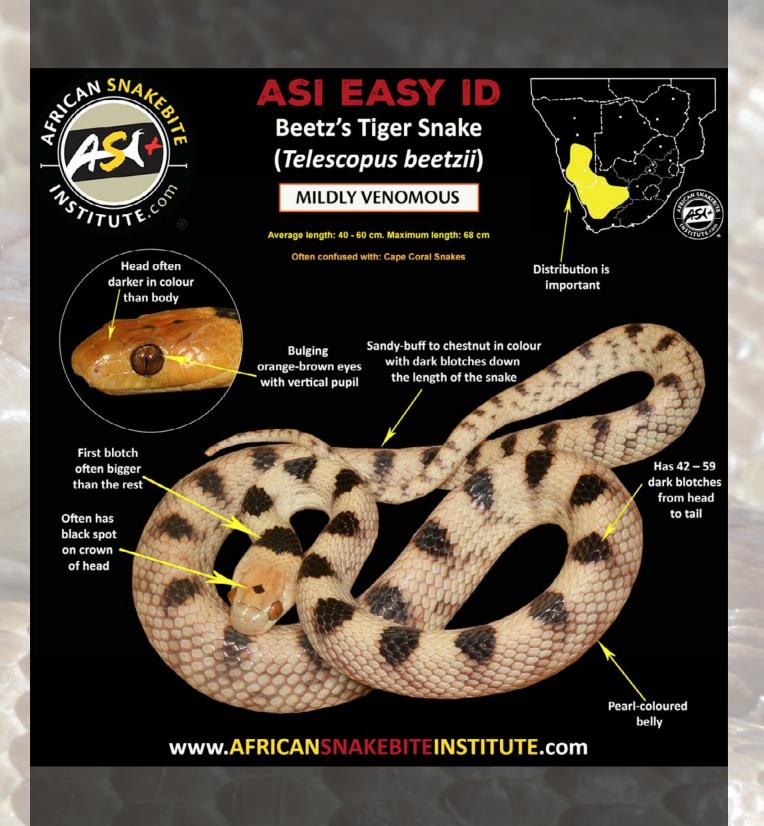
A beautifully-marked nocturnal snake that averages 40-60 cm with a maximum length of 68 cm. It inhabits the rocky arid regions of Namaqualand and the Karoo extending into southern Namibia. This snake is quite common in some areas and often killed at night on roads by passing vehicles. When cornered it performs like the Herald Snake, coiling up with its head drawn back and will strike with an open mouth, biting readily. Beetz's Tiger Snake feeds on lizards, especially geckos. Its venom is mild and has little effect on humans.







© Johan Marais African Snakebite Institute 202:







Karoo Sand Snake (*Psammophis notostictus*)

Maximum Length: 1 m



Other names: Karoo Sandslang

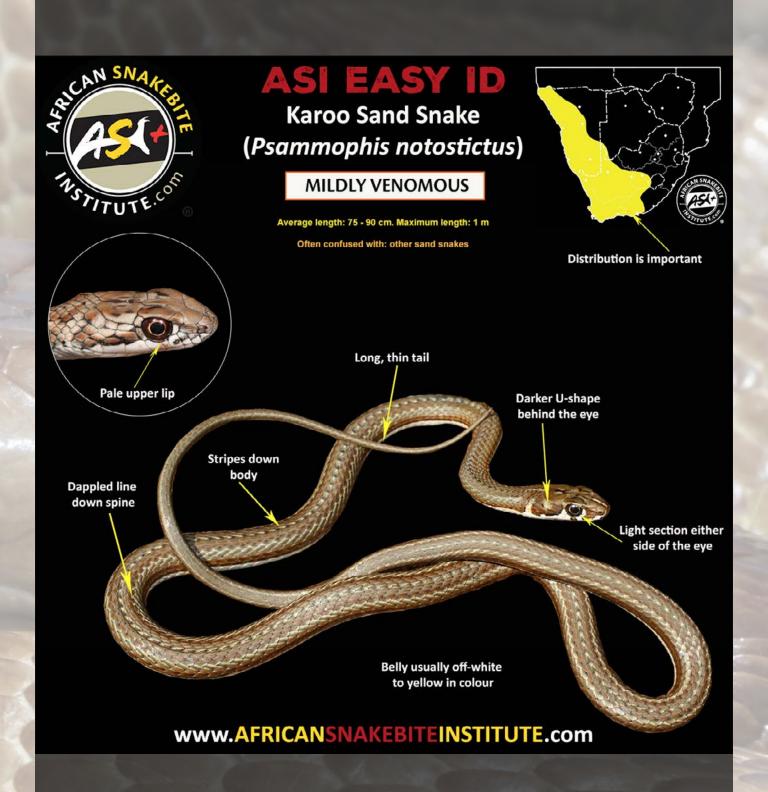
A slender snake that averages 40-60 cm with a maximum length of just over 1 m. It is very fast moving and active in the day when it hunts for lizards, including lacertids, skinks and agamas, but will also take small rodents. In some areas it is by far the most common snake and prefers hard, stony ground. Many individuals are killed by vehicles while crossing roads. It is widespread, occurring in the western Free State, western half of the Eastern Cape, Western Cape and much of the Northern Cape and Namibia, extending into Angola. The Karoo Sand Snake is easily confused with some of the other Sand and Grass snakes. It is mildly venomous and poses no threat to humans.







© Johan Marais African Snakebite Institute 2023

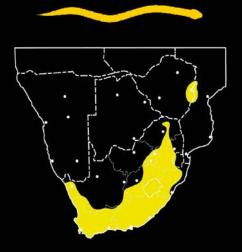






Cross-marked Grass Snake (*Psammophis crucifer*)

Maximum Length: 82 cm



Other names: Kruismerk Grasslang

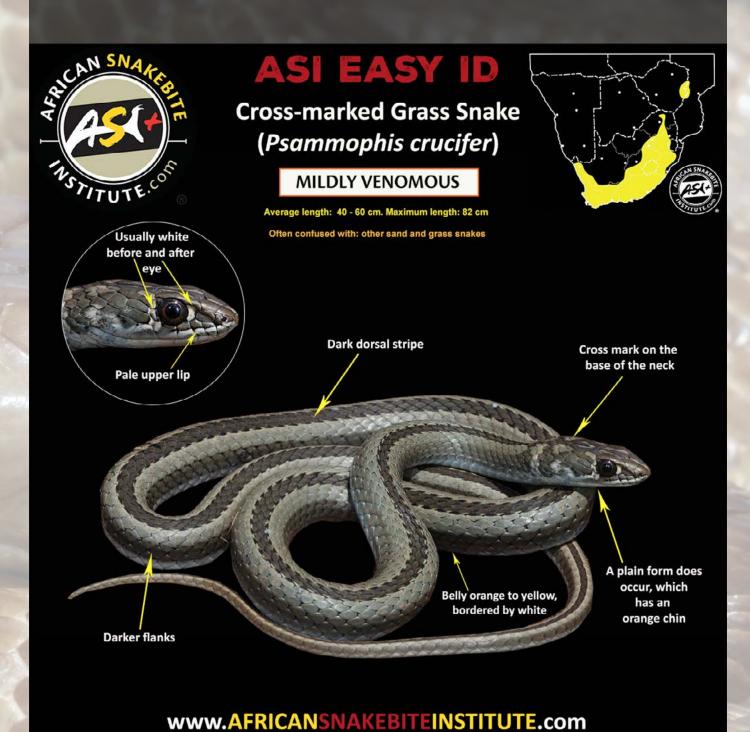
One of the smaller grass snakes averaging 30-50 cm but exceeding 82 cm in length. It is active in the day and feeds on small lizards, especially skinks, as well as frogs. It inhabits lowland forest, moist savanna, montane forest, grassland and fynbos. It is common in the sandy scrub-covered areas of the Cape coast and mountain plateau of Mpumalanga. When disturbed it may roll into a tight coil with the head inside, like the Slugeater. Most individuals are striped with distinct patterns on the side of the head, but some are plain brown to reddish brown with virtually no markings. A mildly venomous snake that poses no threat to humans.







© Johan Marais African Snakebite Institute 2022



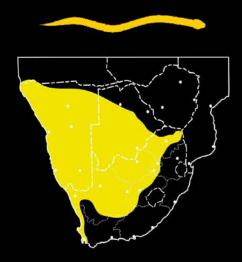




Leighton's Sand Snake (*Psammophis leightoni*)

Snake

Maximum Length: 1.4 m



Other names: Cape/Namib/Kalahari/Fork-marked Sand

A long and slender snake that averages 50-80 cm with a maximum length of 1.4 m. It is widespread across the dry western half of southern Africa extending into Limpopo. This species hunts largely lizards, often with the front third of the body well off the ground. This snake, like most sand snakes, is very quick and will seek refuge in the nearest shrub if disturbed. Though backfanged and venomous, the venom of this snake is mild and has virtually no effect on humans. This snake was considered three separate species until recent genetic work suggested it was just colour variations of the same species.







Johan Marais African Snakebite Institute

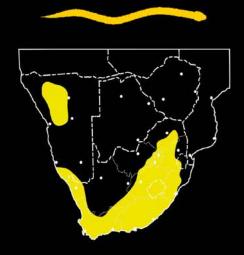




Spotted Skaapsteker

(Psammophylax rhombeatus)

Maximum Length: 1.4 m



Other names:

Rhombic Skaapsteker; Gespikkelde Skaapsteker

A fast-moving diurnal snake that inhabits grasslands, fynbos, moist savanna and semi-desert areas. It is a nervous snake and is quick to escape, either into a bush or grass tuft or under a rock. The name 'Skaapsteker' came from the mistaken belief that these abundant snakes accounted for sheep deaths, when the actual culprit was probably the Cape Cobra. This is also one of few African snakes that coil around and protect their eggs – the Southern African Python being the other. The Spotted Skaapsteker feeds on rodents, lizards, birds, frogs and other snakes. The venom of this snake is mild and poses no threat to humans.







Johan Marais African Snakebite Institute 2022



red and blue flecks

ASI EASY ID

Spotted Skaapsteker (Psammophylax rhombeatus)

MILDLY VENOMOUS

Average length: 40 - 60 cm. Maximum length: 1.4 m

Often confused with: other sand and grass snakes and Striped Skaapsteker



www.AFRICANSNAKEBITEINSTITUTE.com

Striped form

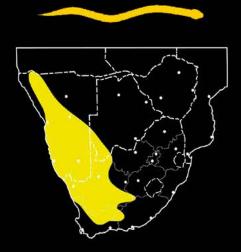




Dwarf Beaked Snake

(Dipsina multimaculata)

Maximum Length: 50 cm



Other names:

Dwerghaakneusslang

A small well-patterned snake that averages 30-35 cm but may reach 50 cm in length. This species varies in colour, from tan-brown to reddish with darker splotches. There is usually a light V on the base of the head.

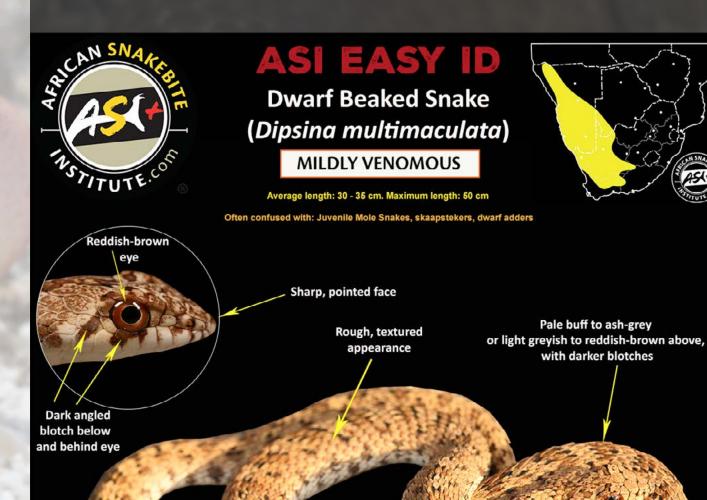
It lives on gravel plains with dispersed bushes in the Namib Desert, Karoo scrub and arid savanna. It usually hides at the base of a bushes or rocks and will disappear down a hole if disturbed. It hunts lizards, ambushing them under bushes. It is a docile snake but may assume a coiled position when threatened, mimicking the Horned Adder. The venom of this species has little effect on humans.







© Johan Marais African Snakebite Institute 2023



www.AFRICANSNAKEBITEINSTITUTE.com

Belly pinkish-cream to white with dark spots

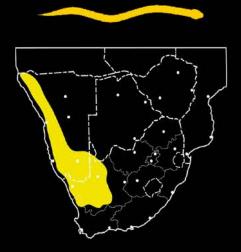




HARMLESS

Bug-eyed House Snake (Boaedon mentalis)

Maximum Length: 60 cm



Other names: Groot-oog Huisslang

The Bug-eyed House Snake is found in the dry scrub of the Northern Cape, adjacent Western Cape and Namibia. It inhabits Namaqua flats and rocky outcrops. It is completely harmless and relies on muscle power to constrict its prey which is mainly lizards, especially geckos, and small rodents.

This snake is active at night and is relatively slow-moving. Most individuals are light tan to pink in colour with large bulging eyes. Two light yellow lines run down either side of the head – one from the nose through the top of the eye to the back of the head and the other from the back of the eye to the angle of the jaw. These lines may fade in adults.







O Johan Marais African Snakebite Institute 2023



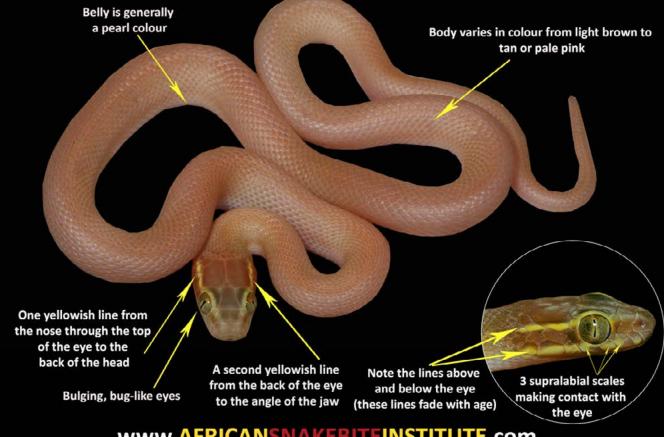
Bug-eyed House Snake (Boaedon mentalis)

HARMLESS

Average length: 35 cm. Maximum length: 60 cm

Can be confused with: Brown House Snakes







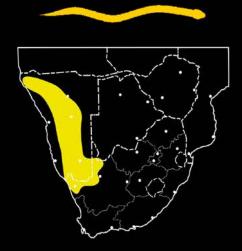


HARMLESS

South-western Shovel-snout

(Prosymna frontalis)

Maximum Length: 44 cm



Other names:

Suidwestelike Graafneusslang

A long shovel-snout averaging 20-30 cm with a maximum length of 44 cm. Unlike other shovel-snouts, it doesn't have an enlarged shovel on the snout and is less fossorial than other species.

This snake favours rocky areas in the Northern Cape and Namibia and may be found foraging at night, especially after some rains.

It is slow-moving and climbs well. Like all snakes of the genus *Prosymna* it feeds exclusively on reptile eggs.

Females lay around three eggs in mid-summer measuring $37 - 39 \times 10 - 12$ mm. It is a shy, docile snake and completely harmless to humans.







Johan Marais African Snakebite Institute 2022

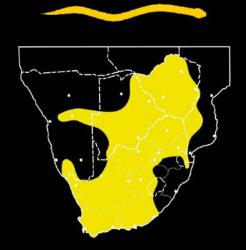




HARMLESS

Delalande's Beaked Blind Snake (Rhinotyphlops lalandei)

Maximum Length: 35 cm



Other names: Delalande se Blindeslang

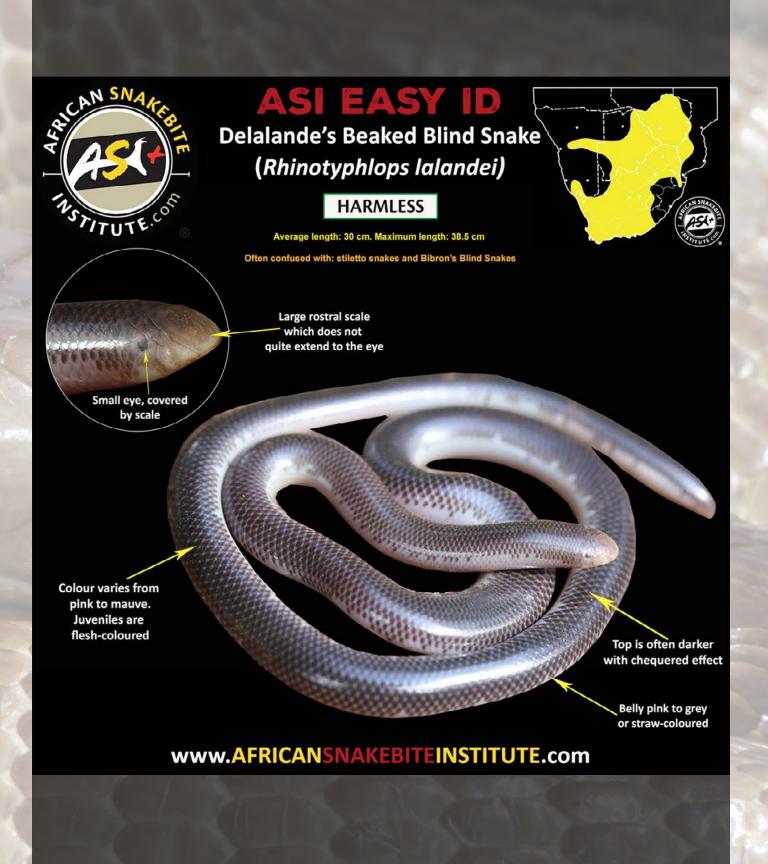
A widespread burrowing snake that spends most of its life underground in search of ants and their eggs. Individuals may be found in soil under rocks or logs, in deserted termite mounds or on the surface at night, especially after rains. They are pale pink to dark-slate or grey-brown in colour. Each scale is pale-edged giving it a checkered effect. The young are pink or flesh-coloured. It is a small snake with adults averaging around 25 - 30 cm, with a maximum size of about 35 cm. They are easily confused with other blind snakes or worm snakes. Blind snakes are preyed upon by birds and a variety of snakes including the Spotted Harlequin Snake.







© Johan Marais African Snakebite Institute 2023



FIRST AID FOR SNAKEBITE



IN THE EVENT OF A SNAKEBITE, DO NOT ...

- Do not try to cut or suck out the venom. Never cut the bite site as cutting may do far more harm than good. Sucking does not remove significant amounts of venom.
- Do not apply any electric shock therapy. Shock treatments have been tested extensively and have been shown to have no effect on the outcome of the bite. Electric shocks do not neutralise snake venom.
- ◆ Do not apply a tourniquet. Many people are bitten by harmless snakes or venomous snakes that do not inject sufficient venom to cause serious damage. Arterial or venous tourniquets are not advised in most bites as venom is transported largely through the lymphatic system and not through veins. There is little evidence that a tourniquet could be lifesaving following a snakebite.
- Do not apply heat, ice, lotions or potions. Apart from cleaning the bite site with water and applying a sterile gauze dressing nothing should be applied to the bite. Very hot water does not neutralise snake venom.
- ◆ Do not inject antivenom as a first aid measure. Most snakebite victims do not require antivenom and the polyvalent antivenom is only effective for the bites of certain potentially deadly snakes. If required, antivenom must be injected intravenously by a medical doctor and usually in large quantities. As victims may go into anaphylactic shock when injected with antivenom, adrenaline and other drugs may also be required. Anaphylactic shock is a serious medical condition which may be fatal if not treated promptly.

IRST AID STREET STREET

FIRST AID KITS

We stock a wide range of First Aid for Snakebite Kits, as well as Smart Pressure Bandages, Resuscitators, and first aid books. View the range online here.





FIRST AID FOR SNAKEBITE



IN THE EVENT OF A SNAKEBITE, DO...

- → Do get the victim to a hospital as soon as possible and in a safe manner. This is by far the most important first aid measure. For medical advice in a snakebite emergency, call the African Snakebite Institute +27 (0)82 494 2039.
- → Do keep the victim calm. Often easier said than done as people tend to panic in a snakebite emergency. Many snakebite victims go into shock, experience a drop in blood pressure and may even become nauseous and faint. If possible, do not allow the victim to walk, run, jump etc. Bear in mind that more than 99% of snakebite victims that are hospitalised within a few hours survive their snakebites.
- Do remove jewellery as well as tight clothing. If bitten on the hand/arm/foot/ lower leg, remove rings, bangles, bracelets, watches, anklets and any other tight jewellery including tight clothing.
- → Do administer artificial respiration if patient stops breathing. In serious snakebite cases involving snakes with predominantly neurotoxic venom, like the Black Mamba or Cape Cobra, the victim may soon experience difficulty with breathing, even within 20 minutes. This is a very serious medical condition and assisted breathing could be life-saving. Mouth-to-mouth resuscitation may be beneficial in the short term, but the proper use of a Bag Valve Mask is far better in such an instance.

SPITTING SNAKES

- ★ The common spitting snakes in South Africa are the Mozambique Spitting
 Cobra or M'Fezi and the Rinkhals. In the western parts of the country these are
 replaced by the Black Spitting Cobra. These snakes spray their venom up to a
 distance of three metres and do so in self-defence to temporarily blind their
 attacker so that they can make a quick escape.
- ★ Although spitting snakes accurately aim for the eyes, the venom diffuses into a spray over a wide area and may get onto your hair, face, arms and chest. Venom in the eyes is very painful and must be flushed or diluted as quickly as possible. The production of tears starts this process, but as a first aid measure, flush the eyes with water or a weak (normal) saline solution. The idea is to flush away any excess venom. Transport the victim to a medical doctor, who will examine the eyes for corneal damage and prescribe antibiotic eye drops to prevent secondary infection. There is no reason to use diluted antivenom it has no proven benefits and may cause an allergic reaction.
- If treated quickly, the chance of permanent damage to the eyes is extremely remote.

SNAKEBITE EMERGENCY NUMBERS

Netcare Ambulance: 082 911

ER24 Ambulance: 084 124

Provincial Ambulance: 10177/112

African Snakebite Institute: +27 (0)82 494 2039

HOSPITALS AROUND KLEINSEE

Springbok Hospital Tel: 027 712 2018 (-29.661480, 17.881982) Hospital St, Doornpoort, Springbok, 8240



SNAKE REMOVERS CONTACTS

Find SNAKE REMOVERS in Kleinsee

HERE

FREE
ASI SNAKES APP
HERE







The ASI team travels thousands of kilometres a month, often to remote parts of southern Africa, for both snake awareness and venomous snake handling training and for reptile surveys.

We're honoured to have great sponsors, who've made significant changes to our fleet of hardworking vehicles, ensuring they meet our every need.

We'd like to thank our sponsors for making the smooth travel possible.

ASI VEHICLE SPONSORS









OVERLAND



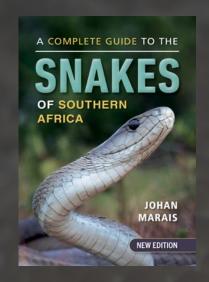


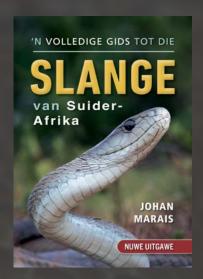


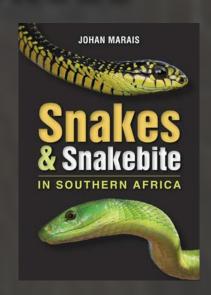




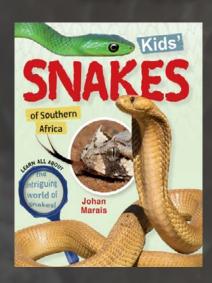
MORE RESOURCES



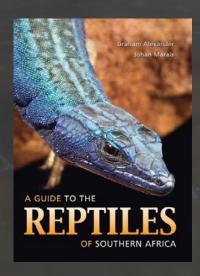




SHOP OUR RANGE OF BOOKS ONLINE HERE.







CONTACT US

Snake Courses: +27 64 704 7229 or courses@asiorg.co.za

Snake Handling Equipment: +27 60 957 2713 or info@asiorg.co.za

Snake Identification: +27 72 979 1249 or support@asiorg.co.za

Snakebite Emergencies: +27 82 494 2039